Introduction to Nuclear Radiation

Note: Pages 1-8 contain reference material for the next several experiments.

Introduction.

The nucleus of an atom is small (diameter: 10^{-4} the diameter of the atom), massive (the mass of the atomic electrons is less than 10^{-3} of the nuclear mass), and, for most atoms existing in nature, stable. However, most natural nuclei with atomic number greater than 82 (Pb) are unstable, and change through radioactive disintegration (natural radioactivity), eventually becoming Pb. Also for all stable elements, nuclei that have different masses than the naturally existing stable forms (more or fewer neutrons) can be formed by nuclear bombardment. These nuclei decay by radioactive disintegration (artificial radioactivity) into stable nuclei by emitting various types of radiation. Finally, by nuclear bombardment we can create elements not existing naturally. Such atoms include elements 43, 61 and transuranic-elements (so far atomic numbers 93 through 111 have been made and named; and 112-116, and 118 have also been reported in the literature). All of these elements also undergo radioactive disintegration until a stable form is reached.

<u>Half -life.</u>

Each unstable nucleus has a well defined probability, λ , of decaying per unit time. If we have many atoms, N, the number per unit time disintegrating is the number of atoms times the probability per unit time for one atom. So the change in N per unit time is:

$$\frac{dN}{dt} = -\lambda N \tag{1}$$

The number of nuclei remaining (not decayed) after time t is the integral of this equation: $N = N_0 \exp(-\lambda t)$ (2)

where N_0 is the number of initial nuclei at time t=0. The time $T_{1/2}$ for half of the nuclei to decay is called the half life. It can easily be shown that:

$$T_{\frac{1}{2}} = ln(2) / \lambda = 0.693 / \lambda$$
 (3)

Each unstable nucleus has its own characteristic mean life $\tau = 1/\lambda$ which is also defined as the lifetime of the nucleus.

Types of Radiation.

We know three kinds of radiation and they are called alpha (α), beta (β), and gamma (γ) rays. Alpha "rays" are helium nuclei with a net positive charge of 2 electron charges. When a nucleus emits an alpha particle its mass number (A) decreases by 4 units and its atomic number (Z) by 2 units so we have a different element remaining. Beta rays are electrons (negative charge) or positrons (positive charge). When a nucleus emits a beta particle its mass number remains the same but its atomic number increases (negative) or decreases (positive) by one. Gamma rays are photons of high energy, typically on the order of MeV (note: $1 \text{ MeV} = 10^6 \text{ eV}$; see below^[1]). When a nucleus emits a gamma ray, neither its mass number nor its atomic number changes. It typically goes from a higher

^[1]1 eV (electron Volt) is the amount of kinetic energy gained or lost by a particle with one elementary electric charge e (e = 1.6×10^{-19} Coulombs) if accelerated through a 1 Volt potential difference. So 1 eV = 1.6×10^{-19} Joules.

level energy state to a lower level energy state. In every case the kinetic energy released (mostly to the α , β , or γ) is given by:

$$KE = M_i c^2 - M_f c^2 - M_p c^2$$
(4)

where M_i and M_f are the initial and final nuclear masses respectively and M_p is the rest mass of the emitted particle (zero for gamma rays).

Interactions with Matter.

All nuclear radiation interacts with and eventually is stopped by matter. How the three different kinds of radiation interact with matter will now be discussed in more detail.

<u>Alpha Particles.</u>

These particles, which are <u>emitted with discrete energies</u> of several MeV, interact mainly with the electrons of atoms in matter and only rarely strike a nucleus. Because their mass is large, they are not deflected much by the electrons and proceed more or less straight ahead until they stop at the end of a rather well defined distance or range. Because of their larger mass their velocity is much less than that of beta rays. The low velocity and double charge results in knocking many electrons off atoms (ionizing atoms and forming ions) and a very short range. A <u>few centimeters of air</u> or <u>a piece of paper</u> will stop alpha particles of several million volts of energy (MeV).

Beta Particles.

Beta particles (electrons or positrons), in contrast to alpha particles, are emitted in a given decay with energies from zero up to a definite maximum (which is usually less than alpha particle energies). Except for very high energy beta rays (greater than several MeV) the main slowing-down interaction is with the electrons of the matter through which the radiation passes. Because of their much smaller mass, their velocity is much greater than alpha particles and since their charge is also less, they make far fewer collisions in a given distance and travel much farther in matter. Also because of their smaller mass they are deflected much more easily and do not travel in very straight lines. The continuous distribution of energies combined with the tortuous trajectory means that beta particles do not show a definite range but are absorbed approximately exponentially as a function of distance. The most energetic beta rays are stopped by a book of a few hundred pages rather than one page as with alpha particles.

Gamma Rays.

Since gamma rays (photons of energy hv) are uncharged, they pass through matter with very few interactions. However, with a well defined beam of gamma rays each interaction effectively removes the gamma ray from the beam either by scattering it out of the beam or by absorbing it so that it disappears. For very low energies (less than 0.2 MeV) and especially for high atomic number absorbers such as Pb, the main absorption mechanism is the transfer of all of the gamma ray energy to an inner electron which is ejected from the atom and absorbed in a short distance. This is the reason lead (Pb) is used to shield x-ray tubes. This phenomenon is called the Photo-electric effect.

For intermediate energies (0.1 to 2 MeV), collisions with outer electrons in which the gamma ray bounces off the electron in a new direction with reduced energy (the electron gets a good deal of energy and is absorbed in a fairly short thickness of material) are the most important. While this scattering effectively removes the gamma rays from a beam, they still continue to exist and experiments must be carefully designed to avoid confusion from scattered gamma rays. This effect is called the Compton Effect.

Starting at 1 MeV and becoming increasingly important at higher energy and for high atomic number materials, are interactions of gamma rays with atoms, in which the gamma ray is converted into a positron-electron pair (<u>Pair Production</u>) and the nucleus serves as a recoil to conserve energy and momentum. The produced electron and positron are absorbed in a manner described under beta particles.

The infrequency of collisions of gamma rays with matter and their removal from a beam in a single interaction results in <u>absorption of an almost pure exponential character</u> with distance for gamma rays of a single energy and also results in great penetration. Typically it takes a shelf of books to reduce a gamma ray beam to a few percent of its initial intensity. Of course because of its greater density and higher atomic number, an inch or two of lead (Pb) will accomplish the same absorption.

Absorption of radiation.

Because of the difference in density between materials, we usually measure the amount of material traversed in $[g \text{ cm}^{-2}]$ rather than the linear thickness traveled by the particle.

 $\rho x = \text{density} [\text{g cm}^{-3}] x \text{ linear thickness} [\text{cm}] = "\text{thickness" in } [\text{g cm}^{-2}]$

 $\rho x = mass of the absorber / area [g cm⁻²]$

When radiation is exponentially absorbed, the variation in counting rate with thickness is:

$$N(x) = N_{\rho} e^{-(\mu/\rho)\rho x}$$
⁽⁵⁾

where N₀ is the counting rate at x = 0, N(x) is the counting rate after the radiation traverses thickness x, μ is called the linear absorption coefficient (dimensions [cm⁻¹] if x is in [cm]) and ρ is the density of the material in [g cm⁻³]. $\mu/\rho(E,Z)$ is a function of the energy (E) of the radiation and the atomic number (Z) of the absorber. It will, therefore, in general be different for different energies and absorbers. For gamma rays a simple exponential implies the presence of one and only one energy of gamma rays. If more than one energy is present, Eq. (5) would take the form:

$$N(x) = N_{o1}e^{-(\mu_1/\rho)\rho x} + N_{o2}e^{-(\mu_2/\rho)\rho x} + N_{o3}e^{-(\mu_3/\rho)\rho x}$$
(6)

for three different energies and would not give a straight line on a semilog plot.

Radiation detectors

All radiation detectors make use of the interactions of matter with radiation described previously in which radiation separates electrons from their parent atoms (ionize them). The presence of the radiation is made evident by detecting the ionization. This is done in several ways:

1. The ions make a non-conducting substance conducting and the resultant current through the substance can be measured. This can either be a "steady" current from many particles or a pulse of current due to a single particle.

- 2. The detector can be so arranged that each ion pair generates many others in an avalanche so that a large pulse from the detector results.
- 3. As the radiation passes through material atoms are exited to higher energy levels and the light emitted as the electrons return to their normal positions can be picked up by a photomultiplier tube which gives an amplified pulse at its output.
- 4. The ionization leaves a trail of ions which can be made visible when a photographic plate is developed. (This is the way radioactivity was originally discovered and is still used for x-ray pictures today.)

Geiger Counter.

One of the detectors that we shall use is the Geiger Counter. It is a metallic cylinder with a small wire down the center and frequently has a thin "window" on one end to minimize absorption of the entering radiation. A schematic drawing is given below.

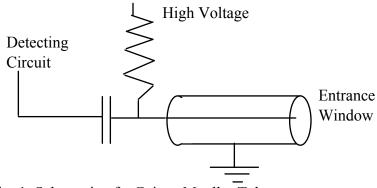


Fig. 1: Schematic of a Geiger-Mueller Tube.

The center wire (anode) is connected through a resistor to the positive side of a high voltage power supply. Each time an ion pair is formed in the counter volume, the electrons move toward the wire. Since, as you found in your electrostatic field experiment, the field near a small wire is very large, the electron gets sufficient speed to knock other electrons off atoms of the gas and these electrons knock still others off and an <u>avalanche</u> occurs. Light emitted from the avalanche knocks out electrons in other parts of the tube and the avalanche spreads the whole length of the wire. The potential of the wire is suddenly lowered by the arrival of the avalanche of electrons and this sudden drop in potential is passed through the capacitor (the capacitor keeps the high voltage away from the detecting circuits but lets the pulse through) to the detecting circuitry.

The counter is left filled with the heavier positive ions which drift slowly out to the outer cylinder which is the cathode. Until most of the tube is clear of positive ions, another avalanche cannot occur and the counter is not sensitive. This <u>dead time</u> is of the order of 10⁻⁴ seconds and can cause an appreciable loss of counts at high counting rates (more than 1000 counts/sec), and at too high counting rates can stop the counter altogether.

One of the most useful characteristics of the Geiger Counter is the fact that though it will not count at all for too low a voltage, above a certain critical voltage the number of pulses per second (counting rate) depends only on the number of particles entering and very little on the voltage for a range of 50 to several hundred volts. This "plateau" of counting rate means that the operating voltage is not very critical. Toward the high end of the plateau spontaneous counts begin to occur and at a little higher voltage the counter breaks into a continuous discharge, which is harmful to it. An ideal response curve of a counter is shown in the figure below. For a real tube the plateau region does not extend so far in voltage. The operating voltage of your counter should be somewhere in the plateau.

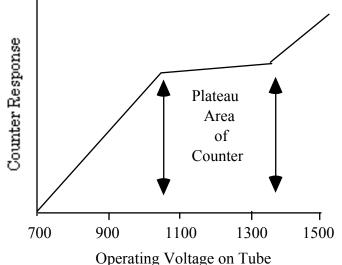


Fig. 2: Response of G-M tube as a function of applied voltage.

A Geiger Counter will count all charged particles which penetrate its window. However, alpha particles have such a short range that they have difficulty in penetrating even a thin window, especially if the source is a few cm away from the window. Gamma rays must strike an electron in the gas or very near the surface of the counter wall in order to produce a countable secondary electron. Because gamma rays travel large distances before making a collision, Geiger Counters have an efficiency of only a very few percent for detecting those which pass through the counter.

Efficiency of Geiger Counters

Radiation	Efficiency
α	Hard to get in counter - 100% if get in.
β	100%
γ	a few %

Scintillation Counters.

While the Geiger counter is useful in indicating the presence of ionizing radiation, it cannot give us any information about its energy, it has low efficiency for counting gamma rays and it has somewhat poor time response. A class of counters that overcome these difficulties are scintillation counters in which the incident radiation creates photons in proportion to the energy it loses and then these photons are amplified with a photomultiplier and converted into a voltage pulse whose amplitude is proportional to the energy deposited. One of the best of this kind of counters is an inorganic crystal of NaI doped with Tl. Some of its properties are summarized in the table below:

Sodium Iodide Scintillator

Density (g/cm^2)	3.67
Radiation length (cm)	2.59
Moliere Radius (cm)	4.5
dE/dx (MeV/cm) for MIP	4.8
Nucl. Int. Length (cm)	41.4
Decay time (ns)	250
Peak emission λ (nm)	410
Refractive Index	1.85
Light Output (photons/MeV)	40,000

Quantities of interest to us in the table include the Radiation length and Moliere Radius which are the length scales associated with electromagnetic radiation. For high energy electrons (E>> a few MeV), for example, the radiation length is the distance in which an electron loses all but 1/e of its energy and the Moliere radius indicates its transverse size. In this lab we shall be dealing with sources of a few MeV or less in which case the radiation length and Moliere radius are even shorter, assuring us that the particles (electrons or photons) deposit their full energy in our detector.

The decay time of a pulse is the time it takes to decay to 1/e of its original amplitude. Thus two pulses will not be confused if they come a few decay times (5 or 6) separated from one another.

The light created by energy deposition in the crystal is funneled by plastic light guides to the photocathode of a photomultiplier tube where it undergoes amplification on the way to being turned into a voltage pulse. Since the light collection process is not perfectly efficient (a typical number is 10%) and since a typical photocathode efficiency for converting photons into electrons is 25%, the 40,000 photons per MeV created in the crystal appear as about 1,000 electrons/MeV after the first stage of the photomultiplier tube. If the energy resolution of the detector were dominated by counting statistics only then we would expect a fractional resolution of $1/\sqrt{1000}$ or about 3% at 1 MeV. In practice, other effects tend to make this number somewhat larger.

The photomultiplier tube amplifies the initial signal by creating cascades of new electrons at several stages in proportion to the number of incident electrons. Typical gains in PM tubes can be 10^6 or more. The gain of the tube is proportional to the high voltage applied and thus we must take care that the voltage is constant during a measurement.

After amplification in the photomultiplier, the signal undergoes some shaping and is fed to an analog-to-digital (ADC) converter residing in the PC. There it is turned into a number proportional to its amplitude, suitable for computer display and manipulation.

Background radiation

Will a counter in the presence of no specific source give zero counts? Not at all. Most nuclei of atomic number greater than 82 are naturally radioactive, as are a few lighter ones, such as Potassium 40. Also there are Cosmic Rays coming in from outside the atmosphere. Thus even with no source, a counter will count slowly. This count rate is called the counter background or background count. It can be reduced by various means, the most common of which is shielding. However, for most of your experiments this

background has to be determined and subtracted from your measurements to get the true counting rate.

Counting statistics

Read Chapter 11 of "An Introduction to Error Analysis" by John R. Taylor for additional information on counting statistics and the Poisson distribution. The normal or Gaussian distribution is discussed in chapter 5.

Since each nucleus emits its radiation independently, the radiation from N nuclei will be emitted randomly at an average rate \sim N. Thus in one second 20 nuclei may decay, in the next 24. Because each nucleus is independent the time of arrival of counts in a counter is also completely random.

Thus, if we take n readings of the activity of a source (let the readings be c_1 , c_2 , c_3 , etc. counts/min.), the average count rate will be

$$\mu = (c_1 + c_2 + c_3 + \dots)/n = \Sigma c_i/n \tag{7}$$

Not all of the c_i are the same. If they are large (≥ 10 , see §11.2 of Taylor) and n is also large, they will distribute themselves about μ roughly as shown in the figure. The figure illustrates two normal distributions each with the same average (μ) but with different sigmas or standard deviations (σ). What is shown here is the probability to measure a certain counting rate and obviously the most probable value to find is the average.

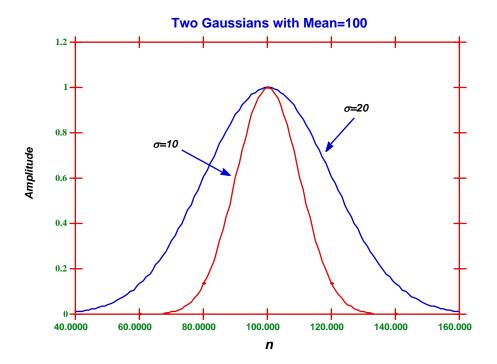


Fig. 3: Normal distributions with different standard deviations.

Normally, μ occurs more often than any other value but there is considerable spread. A normal distribution is completely defined by the average μ and the standard deviation or sigma (σ). If your counting rate follows a normal distribution (which it typically will do

for rates >10) then one can say something about the probability of measuring a certain rate: 68% of all measurements will be between $\mu - \sigma$ and $\mu + \sigma$. This can be readily deduced by integrating the distribution between these values and dividing by the total integral (say from $\mu - 8\sigma$ to $\mu + 8\sigma$) is equal to 1. Sigma (σ) can be obtained from the measurements in the standard way:

$$\sigma = \sqrt{\left[\frac{\Sigma(c_i - \mu)^2}{n - 1}\right]} \tag{8}$$

The statistical error for a given counting rate c_i is given in Taylor (p.211) by:

$$\sigma_i \approx \sqrt{c_i} \tag{9}$$

Since, in the above distribution $c_1 \approx c_2 \approx c_1 \approx \mu$, for any series of counts

$$\sigma \approx \sigma_i \approx \sqrt{\mu} \tag{10}$$

The standard deviation of the mean μ , which is derived from n readings is:

$$\sigma_m = \sigma / \sqrt{n} = \sqrt{\left[\frac{\Sigma(c_i - \mu)^2}{n \cdot (n-1)}\right]}$$
(11)

But σ_m is also given by:

$$\sigma_m = \frac{\sqrt{\mu}}{\sqrt{n}} = \sqrt{\left(\frac{\mu}{n}\right)} \tag{12}$$

The fractional standard deviation of the mean μ is:

$$\frac{\sigma_m}{\mu} = \sqrt{\left(\frac{\mu}{n}\right)} \frac{1}{\mu} = \sqrt{\frac{1}{\mu \cdot n}} = \sqrt{\frac{1}{N_n}}$$
(13)

where N_n is the total number of counts in n measurements. We shall try to verify crudely the Gaussian distribution for our counts and we will always calculate the confidence interval in order to know whether one count rate is significantly different from another at a given level of confidence. This is done by measuring c_i and then calculating the probability for any other measurement by using the tables in Appendix A of Taylor.

Counting and Statistics Experiment Counting and Statistics

Suggested Reading: Ch. 4, 5 and 11 in Taylor.

Part 1: Learning to Count

The principal device that you will use to measure radiation is the Geiger-Mueller tube, often just called a Geiger tube or GM tube. Your experimental set-up consists of a Geiger tube with its High Voltage (HV) power supply, some signal conditioning electronics and a scaler with digital readout, all shown in Figure 4. The scaler displays the number of counts (= particles registered in the tube) in a given time interval. The principle of the Geiger tube operation is described in the "Introduction to Nuclear Radiation". Please read the relevant parts of that introduction before you start this experiment. There should be no HV on the Geiger tube yet at this point.

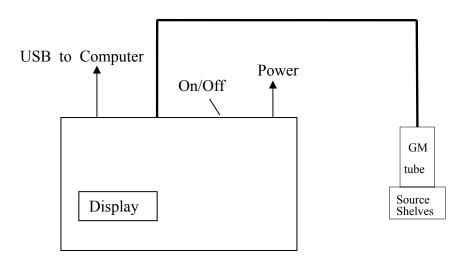


Fig. 4: Counter setup for radioactivity experiments

The hardware registering GM counts can be controlled either by a computer program or by the front panel. We will use the computer program first, then proceed to the front panel. First, be sure the electronics pack is on. There should be cables running to the GM tube and a USB cable running to the computer. Then, if the display on the front of the electronics is blank, turn on the power switch on the back.

Part 2: The Plateau

Check out a 60 Co source by following the procedures your TA has explained to you. Your initials indicate you are responsible for this source until you return it. Put your Cobalt (60 Co) source on the bottom "shelf" below the counter (as far away from the counter as possible). If you put it too close the count rate will be too high and you will not see the plateau. <u>In general the highest counting rate should not exceed 1000 counts/second.</u>

You are now ready to take a plateau curve, which is a curve of count rate vs. GM High Voltage (HV); you will look for a flattish spot called the "plateau" (see Figure 2).

Computer Control. Click the GM_Tube icon on the desktop. Select for Comm Port the cryptic entry COM3 . For "Start Volts" select 200, for "End Volts" select 1200, and for Step select 50. This will scan in HV from 200 to 1200 V in steps of 50V. Then select 10 for the Time interval: you will count 10 sec at each voltage setting. When you are ready, you can click Run. The time it will take to finish the run will be $10 \times (1200 - 200)/50 = 200 \text{ s} = 3 \text{ minutes or so.}$ You can watch the HV and count rate either in the program, or on the front panel of the electronics. There will likely be no counts until the counter is over 800 V or so. Once the tube starts registering particles you have reached a point on the response curve where it starts to be active. If things get confused, you can always close the GM_Tube window and click the icon again.

WARNING: In case the tube starts discharging, which is indicated by an extremely rapid increase in the count rate or even audible sounds from the tube, you can turn off the power switch on the back of the electronics unit. Then don't go to that high a voltage next time! A less violent method would be to use the Manual Control directions (Part 3) to stop counting and then reset the HV, but that takes longer.

The program will draw a crude graph of the count vs HV curve. When it has finished, it will ask you to save a file. Save it on the U drive in your section's folder, under the name of this experiment; give the file a name descriptive of the parameters you chose, such as $200_{1200}_{50}_{10}$.

You now can open this file either in Excel or Kgraph. Excel is convenient if you want to add a column with error bars for the data based on square roots of the observed counts; then you could save it as a spreadsheet, close, and open in Kgraph.

Here is how to open the file directly in Kgraph:

click U drive icon | browse to your file | drag and drop on Kgraph icon |

check Space (as a delimiter) | un-check Read Titles | OK

After looking at the crude plateau curve and comparing with Fig 2, now make a better curve by concentrating more narrowly on the plateau region (say 800-1000 V by 20 V steps for 10s, and eventually for 30 s when you've zero'd in further).

We want to operate the tube at a voltage where the counting rate is rather insenstive to small changes in the voltage: the "plateau". The plateau is easiest to find graphically. Very soon after the the voltage at which the tube starts counting, the change in counting rate from one point to the next should become less than 5%. From this point continue raising the voltage in 50 Volt steps until the count rate has increased by another 25%, or until you have raised the HV another 200 volts. Repeat your measurements while decreasing the HV to check that they are reproducible.

Make a graph of count rate vs. Voltage and find <u>the counter plateau</u>, which is the region of the curve that is most nearly horizontal. Calculate the statistical uncertainty in the count rate and put the appropriate error bars on your graph. Pick a voltage near the low end

of the plateau as your operating point. In principle you need to recheck this operating point each time the counter or scaler is turned on because changes can occur in both the counter characteristics the calibration of the high voltage meters. Record the width of your high voltage plateau in volts.

Part 3: Measuring Rates

Manual Control. Now we change to operating the tube from the keypad on the front panel of the electronics box. The keypad is good for making repeated measurements at fixed intervals. While the box is taking data, you will see something on the display like E980 000224 E990 000218 T007 000**3 AC 0021732 HV 0920 RUNNING

Each E entry gives the label of the 10 second interval of counting, and the count during that interval (interval 98 had 224 counts; 99 had 218). The T entry counts seconds and changes rapidly while running, while AC gives the Accumulated counts (21732) since the last start. The HV line shows the HV the tube is running at, and if you are stopped or running.

To **set the HV**, key in the desired voltage divided by 10 (if you want 920V, hit 9 then 2). To **start**, push the ENTER key (you can just do that if you already have the correct HV). To **stop**, push the red "2ND" key.

Set the Geiger tube at its operating point and take 25 readings of the counting rate for 30 sec. each. You can do this be recording the AC every 3 10-sec interval up to interval 75, or by recording each of 75 10-sec intervals and adding in Excel. Calculate the standard deviation in the normal manner from the deviations from the mean and compare with the standard deviation calculated from the mean count. Make a histogram of your results (see §5.1 in Taylor). Does its shape agree with a normal distribution? Is the width that expected for the Poisson distribution?

Part 4: Return the Co60 source and repeat Part 3 for a Cs137 source.

Part 5: Remove all the sources, but keep all settings the same, so you can measure the background radiation. Measure the background 25 times and calculate the average and the standard deviation of the background rate.

Assigned problems.

Along with the homework due for this experiment, also solve problems 1 and 2 below. Show your reasoning clearly.

P1. Silver 110 (¹¹⁰Ag) has a half-life of 2.4 min. How long will it take for a source of ¹¹⁰Ag to decay to 1/8 of its original counting rate?

P2. If the source originally consisted of 2000 atoms, what would be the initial disintegration rate (dN/dt)?