Resonantly Induced Friction and Frequency Combs in Driven Nanomechanical Systems

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(Received 20 March 2019; revised manuscript received 10 May 2019; published 27 June 2019)

We propose a new mechanism of friction in resonantly driven vibrational systems. The form of the friction force follows from the time- and spatial-symmetry arguments. We consider a microscopic mechanism of this resonant force in nanomechanical systems. The friction can be negative, leading to the onset of self-sustained oscillations of the amplitude and phase of forced vibrations, which result in a frequency comb in the power spectrum.

DOI: 10.1103/PhysRevLett.122.254301

The physics of friction keeps attracting attention in diverse fields and at different spatial scales, from cold atoms to electrons on helium to locomotion of devices and animals [1–6]. An important type of systems where friction plays a critical role and which has been studied in depth, both theoretically and experimentally, are vibrational systems. The simplest form of friction in these (and many other) systems is viscous friction. For a vibrational mode with the coordinate \( q \), the viscous friction force is \( \propto \dot{q} \). It describes a large number of experiments on various kinds of vibrational systems, nano- and micromechanical modes and electromagnetic cavity modes being examples of the particular recent interest [7,8].

In vibrational systems, viscous friction is often called linear friction, to distinguish it from nonlinear friction, which nonlinearly depends on \( q \) and \( \dot{q} \). Phenomenologically, the simplest nonlinear friction force is \( \propto q^2 \dot{q} \) (the van der Pol form [9]) or \( \propto \dot{q}^3 \) (the Rayleigh form [10]). Both these forms of the force are particularly important for weakly damped systems. This is because in such systems the vibrations are nearly sinusoidal, whereas both forces have resonant components which oscillate at the mode frequency. Moreover, both forces lead to the same long-term dynamics of a weakly damped mode and in this sense are indistinguishable [11,12].

External driving of vibrational modes can modify their dissipation. The change has been well understood for a periodic driving tuned sufficiently far away from the mode eigenfrequency. Such driving can open new decay channels where transitions between the energy levels of the mode are accompanied by absorption or emission of excitations of the thermal reservoir and a drive quantum \( h \omega_F \), with \( \omega_F \) being the drive frequency [13]. This can lead to both linear [14,15] and nonlinear friction [16,17]. It has been also found that, in microwave cavities and nanomechanical systems, resonant driving can reduce linear friction by slowing down energy transfer from the vibrational mode to two-level systems due to their saturation [18–20].

In this Letter, we consider nonlinear friction induced by resonant driving, which significantly differs from other forms of friction. We show that, in nanomechanical systems, the proposed friction can become important already for a moderately strong drive and can radically modify the response to the drive, including the onset of slow oscillations of the amplitude and phase of the driven mode with the increasing drive.

Phenomenologically, a mode with inversion symmetry driven by a force \( F(t) = F \cos \omega_F t \) can experience a resonant induced friction force (RIFF) of the form

\[
\dot{F}_{\text{RIFF}} = -\eta_{\text{RIFF}} F(t) q \dot{q}.
\]  

Such force has the proper spatial symmetry, as it changes sign on spatial inversion \( (q \rightarrow -q \text{ and } F \rightarrow -F) \) and is dissipative, as it changes sign on time inversion \( t \rightarrow -t \). The driving frequency \( \omega_F \) is assumed to be close to the mode eigenfrequency \( \omega_0 \), so that the force \( f_{\text{RIFF}} \) has a resonant component, as \( F(t) \), \( q(t) \), and \( \dot{q}(t) \) all oscillate at frequencies equal or close to \( \omega_F \). The friction coefficient \( \eta_{\text{RIFF}} \) is undetermined in the phenomenological theory. It can be positive or negative, as the very onset of the force \( f_{\text{RIFF}} \) is a nonequilibrium phenomenon. Therefore, \( f_{\text{RIFF}} \) can either increase or decrease the decay rate, or even make it negative, in a certain parameter range.

The form of the RIFF reminds the form of the van der Pol friction force, except that \( q^2 \) is replaced by \( F(t)q \). In some sense, the force \( F(t) \) is “smaller” than the displacement \( q \) near resonance: this is the well-known effect that a small resonant force leads to large vibration amplitude for weak damping. Therefore, \( f_{\text{RIFF}} \) can be significant if there is a mechanism that compensates the relative smallness of \( F(t) \).

For nanomechanical resonators, a simple microscopic mechanism of the RIFF is heating. The absorbed power \( F(t)\dot{q} \) leads to a temperature change \( \delta T \), which can be relatively large due to the small thermal capacity of a
nanoresonator (generally, the temperature change depends on the coordinates in the resonator [21]). In turn, the temperature change modifies the resonator eigenfrequency $\omega_0$, e.g., due to thermal expansion, cf. [26,27]. To the lowest order in $\delta T$, the eigenfrequency change is $\delta \omega = -\lambda_\omega \delta T$. The coefficient $\lambda_\omega$ depends on the material and the spatial structures of the mode and the temperature field.

In many cases, the relaxation time of the temperature in the resonator is much longer then the vibration period $T_F = 2\pi / \omega_F$. Then the temperature change is proportional to the period-averaged power

$$\delta T(t) = \lambda_F [F(t) \dot{q}(t)]_{av} = \lambda_F T_F^{-1} \int_0^{t+T_F} dt' F(t') \dot{q}(t'),$$

(in fact, $\delta T$ is spatially nonuniform [21]). As a result, the restoring force $-m \delta \omega_0 q$ is incremented by $f_T$,

$$f_T(t) = 2m \omega_0 \lambda_\omega \lambda_T [F(t) \dot{q}(t)]_{av} q(t). \quad (2)$$

The force $f_T(t)$ is a specific form of the RIFF. The thermal mechanism is not the only RIFF mechanism, but it is often important, and moreover, the ratio of the conventional nonlinear friction to the RIFF contains a small parameter [21].

We now consider the dynamics of a driven nanoresonator in the presence of RIFF. Nanoresonators are often well described by the Duffing model, which takes into account quartic nonlinearity [11], but the analysis below immediately extends to other nonlinearity mechanisms, cf. [28]. The Hamiltonian of the Duffing oscillator in the absence of coupling to the thermal resonator is

$$H_0 = \frac{1}{2} \left( p^2 + \omega_0^2 q^2 \right) + \frac{1}{4} \gamma q^4 - q F \cos \omega_F t. \quad (3)$$

Here $p$ is the oscillator momentum. We scaled the variables so that the mass is $m = 1$. For concreteness, we assume that the Duffing nonlinearity parameter $\gamma$ is positive. The driving is assumed resonant, $|\omega_F - \omega_0| \ll \omega_0$, and comparatively weak, so that $|\gamma| / (q^2) \ll \omega_0^2$.

To analyze the behavior on the timescale long compared to $\omega_F^{-1}$, one can change to the rotating frame and introduce slowly varying in time canonically conjugate coordinate $q_0$ and momentum $p_0$ (the analogs of the quadrature operators [7])

$$q(t) + i \omega_F^{-1} p(t) = (\omega_F)^{-1/2} (q_0 + i p_0) \exp(-i \omega_F t).$$

In the standard rotating wave approximation (RWA), from Eq. (3) we obtain Hamiltonian equations for $q_0$, $p_0$ with the time-independent Hamiltonian $H_{\text{RWA}}$

$$(q_0) = \partial p_0 H_{\text{RWA}}. \quad (\dot{p}_0) = -\partial_{q_0} H_{\text{RWA}}.$$

$$H_{\text{RWA}}(q_0, p_0) = -\frac{1}{2} \delta \omega (q_0^2 + p_0^2) + \frac{3\gamma}{2\omega_F^2} (q_0^2 + p_0^2)^2 - F q_0 / \sqrt{\omega_F}, \quad \delta \omega = \omega_F - \omega_0. \quad (4)$$

The value of $H_{\text{RWA}}$ gives the quasienegy of the driven nanoresonator in the RWA.

It is well known how to incorporate linear friction into the RWA equations of motion starting from both a microscopic formulation and the phenomenological friction force $-2 F \dot{q}$ [29–32]. An extension to the RIFF is straightforward. Keeping only smoothly varying terms in the equations for $q_0$, $p_0$, in the case of the heating-induced RIFF (2) we obtain the following equations of motion

$$\dot{q}_0 = -\Gamma q_0 - J_T P_0^2 + \partial_{p_0} H_{\text{RWA}}, \quad \dot{p}_0 = -\Gamma p_0 + J_T q_0 p_0 - \partial_{q_0} H_{\text{RWA}}. \quad (5)$$

Here $J_T = \omega_F^{3/2} / \lambda_\omega \lambda_T / 2$. In Eq. (5), we have disregarded noise. It is typically weak in weakly damped nanoresonators and leads primarily to small fluctuations about the stable states of forced vibrations and occasional switching between the stable states in the range of bistability, cf. [32–38] and references therein; here we do not consider these effects.

Parameter $J_T$ that characterizes the RIFF increases with the driving amplitude $F$; the RIFF also increases with the vibration amplitude $A = \sqrt{(q_0^2 + p_0^2) / \omega_F}$ [1/2]. From Eq. (5), the effects of the RIFF become pronounced for $\Gamma A / \omega_F^{1/2} \sim \Gamma$ and should be seen already for a moderately strong drive if the decay rate $\Gamma$ due to the linear friction is small.

If both the linear friction and the RIFF can be disregarded, the values $(q_{st}, p_{st})$ of $(q_0, p_0)$ at the stationary states of forced vibrations are given by the conditions $\partial_{q_0} H_{\text{RWA}} = \partial_{p_0} H_{\text{RWA}} = 0$, which reduce to equations

$$\frac{3\gamma}{8\omega_F} q_{st}^3 - \delta \omega q_{st} = F / \sqrt{\omega_F}, \quad p_{st} = 0. \quad (6)$$

The equation for $q_{st}$ has one real root in the range of $F$, $\delta \omega$ where the oscillator is monostable in the weak dissipation limit or three real roots in the range of bistability. In the latter range, of primary interest for the analysis of the RIFF is the root with the maximal $q_{st}$, and in what follows $q_{st}$ refers to this root. For small $\Gamma$ and $J_T = 0$ it corresponds to a stable state of forced vibrations at frequency $\omega_F$, as does also the real root $q_{st}$ in the range of monostability [39]. In the both cases, the considered $(q_{st}, p_{st})$ corresponds to the minimum of $H_{\text{RWA}}$.

For $J_T > 0$, the RIFF can lead to an instability of the forced vibrations. Indeed, to the leading order in $\Gamma$, $J_T$, the sum of the eigenvalues of Eq. (5) linearized about the stable
FIG. 1. (a) The Hamiltonian trajectories (4) for different values of the scaled RWA energy $h_{\text{RWA}} = (6\gamma/F^4)^{1/3} H_{\text{RWA}}$, Eq. (10). The scaled field strength defined in Eq. (11) is $\beta = 2/27$. The driven oscillator is bistable for this $\beta$ and shown are the trajectories that circle the large-amplitude state at the minimum of $h_{\text{RWA}}$ ($Q_0 \approx 1.72, P_0 = 0$). This state becomes stable in the presence of weak linear friction. For other values of $\beta$, the trajectories not too close to the minimum of $h_{\text{RWA}}$ also have a horse-shoe form. (b) The scaled ratio of the decay and gain rates $K$, Eq. (9), as a function of $h_{\text{RWA}}$.

state is $-2\Gamma + J_T q_{\text{st}}$. When this sum becomes equal to zero, the system undergoes a supercritical Hopf bifurcation. This means that, for $J_T q_{\text{st}} > 2\Gamma$, the state of forced vibrations with constant amplitude and phase becomes unstable. The amplitude and phase oscillate in time, which correspond to oscillations of the system in the rotating frame about $(q_{\text{st}}, p_{\text{st}})$.

For small $\Gamma$ and $J_T q_{\text{st}}$ (the condition is specified below), one can think of the steady motion in the rotating frame as occurring with a constant value of the Hamiltonian $H_{\text{RWA}}$ along the Hamiltonian trajectory (4); see Fig. 1(a). This value is determined by the balance of the damping $\propto \Gamma$ and the RIFF. The dissipative losses $\propto \Gamma$ drive $H_{\text{RWA}}$ toward its minimum, whereas the RIFF pumping increases $H_{\text{RWA}}$. The stable value of $H_{\text{RWA}}$ can be found by averaging over the trajectories (4) the equation of motion for $H_{\text{RWA}}(q_0, p_0)$, which follows from Eq. (5). We denote such averaging by an overline

$$U(t) = \frac{1}{\mathcal{T}(H_{\text{RWA}})} \int_{t-\mathcal{T}(H_{\text{RWA}})}^{t} dU(t'; H_{\text{RWA}}),$$

where $U(t; H_{\text{RWA}})$ is a function calculated along the trajectory (4) for a given value of $H_{\text{RWA}}$, and $\mathcal{T}(H_{\text{RWA}})$ is the period of motion along this trajectory. After straightforward algebra, we obtain from Eq. (5)

$$\frac{dH_{\text{RWA}}}{dt} = \frac{1}{\mathcal{T}(H_{\text{RWA}})} \int_{\mathcal{S}(H_{\text{RWA}})} dq_0 dp_0 (-2\Gamma + J_T q_0).$$

(7)

Here, $\mathcal{S}(H_{\text{RWA}})$ is the area inside the Hamiltonian trajectory (4) with a given $H_{\text{RWA}}$.

From Eq. (7), the condition of the balance of gain and loss that gives the stable value of $H_{\text{RWA}}$ is

$$(J_T q_{\text{st}}/2\Gamma)K = 1,$$

(8)

where

$$K = q_{\text{st}}^{-1} \int_{S(H_{\text{RWA}})} q_0 dq_0 dp_0 \left( \int_{S(H_{\text{RWA}})} dq_0 dp_0 \right)^{-1}.$$ 

(9)

Parameter $K$ is the ratio of the rates of decay due to the linear friction and gain due to the RIFF. The dependence of $K$ on $H_{\text{RWA}}$ is illustrated in Fig. 1(b). Figure 1 is plotted in the scaled variables $Q_0, P_0$ and for the scaled Hamiltonian $h_{\text{RWA}} = (6\gamma/F^4)^{1/3} H_{\text{RWA}}$.

$$h_{\text{RWA}} = \frac{1}{4}(Q_0^2 + P_0^2)^2 - \frac{1}{2} \beta^2 - 1/3 (Q_0^2 + P_0^2) - Q_0,$$

$$Q_0 = q_0/\zeta, \quad P_0 = p_0/\zeta, \quad \zeta = (4F/3\gamma)^{1/3} \omega_F^{1/2}.$$ 

(10)

Function $h_{\text{RWA}}$ depends only on one dimensionless parameter, the scaled strength of the driving field

$$\beta = 3\gamma F^2/32 \omega_F^3 (\delta \alpha)^3.$$ 

(11)

As seen from Fig. 1(b) and also from Eq. (9), $K = 1$ where $H_{\text{RWA}}$ is at its minimum. Importantly, $K$ monotonically decreases with increasing $H_{\text{RWA}}$ in a broad range of $H_{\text{RWA}}$. This decrease holds both in the range of $\beta$ where the oscillator is bistable and where it is monostable in the absence of the RIFF. Therefore, in the presence of the RIFF, once the condition of the onset of oscillations in the rotating frame is met, $J_T q_{\text{st}} > 2\Gamma$, these oscillations are stabilized at the value of $H_{\text{RWA}}$ given by $K = K(H_{\text{RWA}}) = 2 \Gamma/J_T q_{\text{st}}$. We emphasize that the frequency of these oscillations $2\pi/\mathcal{T}(H_{\text{RWA}})$ is small compared to $\omega_F$, yet it exceeds $\Gamma$ and $J_T q_{\text{st}}$.

Parameter $J_T q_{\text{st}}$ depends on the amplitude of the driving field $F$ and the frequency $\omega_F$. By varying $F$ and $\omega_F$ one can control the stable value of $H_{\text{RWA}}$ and thus the amplitude and frequency of the oscillations in the rotating frame. Remarkably, these oscillations become significantly non-sinusoidal already for comparatively small difference between $H_{\text{RWA}}$ and its minimal value. This is seen in Fig. 1(a). The profound nonelliptical trajectories are a signature of nonsinusoidal vibrations. Formally, the oscillations are described by the Jacobi elliptic functions [40], which allows finding their Fourier components in the explicit form [21].

The instability of the forced vibrations at the drive frequency and the onset of nonlinear self-sustained oscillations in the rotating frame lead to a qualitative change of the power spectrum of the driven oscillator. There emerge multiple equally spaced peaks on the both sides of $\omega_F$ that correspond to the vibration overtones in the rotating frame. This frequency comb effect occurs for an isolated mode and is thus qualitatively different from the frequency combs resulting from a linear [41] or nonlinear [42] resonance.
between vibrational modes in the presence of Duffing nonlinearity. The spacing between the frequency comb peaks $2\pi/\Gamma(H_{\text{RWA}})$ is small compared to $\omega_F$. The widths of the peaks are determined by phase diffusion due to the noise in a nanoresonator, in particular, thermal fluctuations. These fluctuations are efficiently averaged out by the relaxation, the process reminiscent of motional narrowing in nuclear magnetic resonance [32, 43]. Therefore, the widths of the peaks should be much smaller than the damping rate $\Gamma$ [44].

In conclusion, we have shown that, from the symmetry and resonance arguments, a resonantly driven vibrational mode can experience a specific friction force. This force, the RIFF, is nonlinear in the mode coordinate and explicitly depends on the driving force. The RIFF can be negative. In this case, already for a moderately strong resonant drive, it can lead to an instability of forced vibrations of a weakly damped nonlinear mode, qualitatively modifying the response of such a mode to the drive. The instability causes the onset of self-sustained oscillations of the vibration amplitude and phase. In turn, this leads to a frequency comb in the power spectrum of the driven mode. The effect is general and may emerge in various vibrational systems. We have shown that, in nanomechanics, an important microscopic mechanism of the RIFF is associated with the driving-induced spatially nonuniform heating of a nanoresonator and the resulting change of the mode eigenfrequency.

M. I. D. and M. L. R. acknowledge partial support from the NSF (Grant No. DMR-1806473). M. I. D. was also supported in part by the Moore Distinguished Scholar program at Caltech. G. R. and E. M. W. acknowledge support in part by the Moore Distinguished Scholar in Fundamentals of Friction and Wear on the Nanoscale program at Caltech. G. R. and E. M. W. acknowledge support in part by the Moore Distinguished Scholar in Nanomechanics and Resonators Interacting with Light, edited by M. Aspelmeyer, T.Ż. Kippenberg, and F. Marquardt (Springer, Berlin, 2014).


[44] Preliminary experimental data on the onset of a frequency comb in a nanomechanical resonator with the increasing resonant driving were presented by E. Weig at the conference on Frontiers of Nanomechanical Systems 2019, https://fns2019.caltech.edu.
SUPPLEMENTAL MATERIAL:
Resonantly induced friction and frequency combs in driven nanomechanical systems

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I. THERMALLY INDUCED NONLINEAR FRICTION

Here we discuss the temperature change and the resulting change of the vibration eigenfrequency of a resonantly driven nanomechanical resonator. In the units used in the main text, where we set the effective mass equal to unity, the displacement at the mode antinode has dimension \(|q| = \text{g}^{1/2}\text{cm}\), whereas the resonant force has dimension \(|F| = \text{g}^{1/2}\text{cm}/\text{s}^2\). If we consider a flexural mode in a quasi one-dimensional beam or a string, the displacement as a function of the coordinate \(x\) along the beam is \(u(x,t) = \rho_1^{-1/2} \phi(x) q(t)\), where \(\rho_1\) is the density per unit length and \(\phi(x)\) gives the shape of the mode, \(\int \phi^2 dx = 1\). The energy in the driving field is \(-\int dx f(x,t) u(x,t),\) where \(f(x,t)\) is the “true” force per unit length. If we think of the force-induced term in the equation of motion as \([\rho_1 u(x)]_t = f(x,t)\), then we have for the force in the equation for \(q\) [Eq. (3) of the main text] the expression \(F(t) = \rho_1^{-1/2} \int dx f(x,t) \phi(x)\). Experiments on nanomechanical systems can be usually well described if one assumes that the force \(f(x,t)\) can be factored into a space- and time-dependent parts, \(f(x,t) = \tilde{f}_{s,p}(x) f_t(t)\). Then

\[
F(t) = \rho_1^{-1/2} f_t(t) \int dx \tilde{f}_{s,p}(x) \phi(x). \tag{1}
\]

The power dissipated by the force per unit length is \(f(x,t) \partial_t u(x,t)\). For a uniform isotropic resonator, the full equation for the increment of the temperature field is

\[
C_r \partial_t \delta T = k_r \partial_x^2 \delta T + f(x,t) \partial_t u(x,t)/S, \tag{2}
\]

where \(C_r\) is the specific heat of the resonator per unit volume, \(k_r\) is the thermal conductivity, and \(S\) is the cross-section area. We assume here that the temperature is constant across the resonator; an extension to a more general case, including the Zener thermoelastic relaxation [1] (see also [2]) is beyond the scope of this paper.

Equation (2) has to be complemented by the boundary conditions. Often it is assumed that the temperature at the boundary of a nanoresonator is fixed by the support [3], a condition that applies if the support has a large mass and a high thermal conductivity, for example. Equation (2) can be then solved by expanding \(\delta T(x,t)\) in the orthogonal eigenmodes \(T_n(x)\) of the temperature field in the absence of the drive,

\[
(k_r/C_r) \partial_x^2 T_n = -\lambda_n T_n, \quad \int dx T_n(x) T_m(x) = \delta_{nm}.
\]

(1)

(the analysis can be easily extended to a more complicated geometry of the resonator and to more complicated boundary conditions than \(T_n = 0\)).

The major contribution to the temperature change comes from the mode \(T_n(x)\) that has the form close to that of \(f(x)\phi(x)\). It depends on the boundary conditions for the temperature field, the spatial structure of the displacement field of the mode \(\phi(x)\), and also the coordinate dependence of the driving field.

For dielectric nanoresonators the thermal conductivity is comparatively low. At room temperature \(k_r \sim 10^6 \text{erg}/(\text{cm} \cdot \text{s} \cdot \text{K})\), and the specific heat is \(C_r \sim 10^7 \text{erg}/(\text{cm}^3 \cdot \text{K})\). Then for the resonator length \(l_\perp \sim 10 \mu\text{m}\), the relaxation time of low-lying thermal modes is \(\tau_r \sim C_r l_\perp^2 / k_r \sim 10^{-5} \text{ s}\). This time significantly exceeds the period (reciprocal frequency) of the vibrational modes, which is typically below \(10^{-6} - 10^{-7} \text{ s}\). Then the temperature field averages out the oscillating terms in \(f(x,t) \partial_t u(x,t)\) in Eq. (2). At the same time, \(\tau_T\) is typically much shorter than the relaxation times of low-lying vibrational modes, which often exceeds the vibration period by a factor \(> 10^4\). In this important case the temperature adiabatically follows the vibration amplitude.

The driving-induced temperature change is then of the form \(\delta T(x,t) = \sum c_n(x) T_n(x)\) with

\[
c_n = \rho_1^{-1/2} \langle S C_r \rangle^{-1} \lambda_n^{-1} \int dx T_n(x) \phi(x) [f(x,t) \tilde{q}(t)]_{av}, \tag{3}
\]

where \([\ldots]_{av}\) indicates averaging over the vibration period. For low-lying vibrational modes and for a weakly nonuniform driving force \(f(x,t)\) the major contribution to \(\delta T(x,t)\) comes from low-lying temperature modes, with \(\lambda_n \sim 1/\tau_T\). Then the magnitude of the temperature change averaged over the resonator is

\[
\delta T \sim l_\perp^2 k_r^{-1} S^{-1} \int [F(t) \tilde{q}(t)]_{av}. \tag{4}
\]

We note that the assumption of the temperature being constant in the resonator cross-section requires that \(C_r l_\perp^2 / k_r\) (\(l_\perp\) is the typical transverse dimension) be much shorter than the vibration period, the condition well satisfied for the typical \(l_\perp \lesssim 0.1 \mu\text{m}\).

The temperature change causes a change of the vibration frequency. There are several mechanisms of this
effect [4]. One of them is the coupling of the mode to the phonons in the nanoresonator that is nonlinear in the mode strain. This coupling is fairly general. It emerges already from the combination of the standard cubic coupling of the considered low-frequency mode (in particular, a flexural mode) to acoustic phonons and the geometric nonlinearity, but it also comes from other terms in the nonlinear Hamiltonian of the vibrations in the resonator.

Phenomenologically, the mechanism can be described by taking into account the term in the free energy density of the nanoresonator $\delta F$, which is quadratic in the linear strain tensor $\varepsilon(x)$ and linear in the temperature change $\delta T(x)$. A simplified form of this term in the one-dimensional model for a flexural mode is

$$\delta F = -\gamma_F \int dx \delta T(x)(\partial_x^2 u)^2, \quad (4)$$

where $\gamma_F$ is the coupling constant; it is determined by the thermal expansion coefficient, the specific heat, and the resonator geometry [4]. The elastic part of the free energy in the harmonic approximation can be written as $F_E = \frac{1}{2} \gamma_\omega \int dx (\partial_x^2 u)^2$ with $\gamma_\omega$ determined in the standard way by the elasticity and the geometry [5]; this term gives the vibration frequency $\omega_0$ for constant temperature. It corresponds to the potential energy of the mode written as $\omega_0^2 q^2/2$.

Then the change of the vibration frequency due to the temperature change is

$$\delta \omega_0 = -(\omega_0 \rho_{1D})^{-1} \gamma_F \int dx \delta T(x)(\partial_x^2 u)^2. \quad (5)$$

From Eqs. (1), (3), and (5) we find that, for a slow thermal relaxation, the resonant driving induced force in the equation for $q(t)$ is

$$f_T = G_T [F(t) \dot{q}(t)]_{av} q(t), \quad G_T = 2 \gamma_F (\rho_{1D}SC_r)^{-1} \sum_n \lambda_n^{-1} \int dx T_n(x) \phi(x) f_{sp}(x)$$

$$\times \int dy T_n(y)(\partial_y^2 \phi)^2 \left[ \int dx f_{sp}(x) \phi(x) \right]^{-1}. \quad (6)$$

The coefficient $G_T$ gives the coefficient $2m\omega_0 \lambda_\omega \lambda_T$ in Eq. (2) of the main text, with the account taken of the spatial dependence of the temperature change.

It should be noted that the coupling (4) also leads to the standard nonlinear friction, with the friction force that corresponds to $q^2 \dot{q}$ or $q^3$ in the phenomenological picture [4]. However, in the considered case of slow thermal relaxation this force has an extra factor $\propto (\tau_T \omega_0)^{-2}$. Therefore it can be small compared to the force $f_T$.

In prestressed nanoresonators, an important mechanism of the coupling of the frequency and temperature changes is related to the change of the tension due to thermal expansion, cf. [3] and references therein. It can be analyzed in a way similar to that described above and leads to a qualitatively similar result. If the thermal expansion coefficient is positive, this mechanism leads to the decrease of the vibration frequency with an increasing drive strength, as does the geometric nonlinearity.

II. NONLINEAR OSCILLATIONS IN THE ROTATING FRAME AND THE FREQUENCY COMB IN THE POWER SPECTRUM

In this section we discuss the power spectrum of the oscillator when the resonantly induced friction force is negative and compensates the damping, so that, in the rotating frame, the oscillator vibrates with a given value of its Hamiltonian $H_{RWA}$, i.e., with a given quasienergy. This analysis is not limited to nanomechanical resonators. It applies to any resonantly driven weakly nonlinear oscillator with Duffing (or Kerr, as it is called in quantum optics) nonlinearity.

The spectral density of fluctuations of the displacement $q(t)$ of the resonantly driven oscillator near the driving frequency $\omega_F$ has the form

$$S(\omega) = \frac{1}{2t_1} \left| \int_{-t_1}^{t_1} dt q(t) e^{i\omega t} \right|^2$$

$$\approx \frac{1}{8t_1 \omega_F} \left| \int_{-t_1}^{t_1} dt [q_0(t) + ip_0(t)] e^{i(\omega - \omega_F)t} \right|^2 \quad (7)$$

where it is implied that $t_1 \rightarrow \infty$. We have assumed that $|\omega - \omega_F| \ll \omega_F$ and expressed $q(t)$ in terms of the slowly varying in time quadratures $q_0(t), p_0(t)$ of the oscillator, or equivalently, the coordinate and momentum in the rotating frame, see the main text. In other words, we are using the rotating wave approximation, in which the variables $q_0(t), p_0(t)$ do not contain fast-oscillating terms $\propto \exp(\pm i\omega_F t)$.

The Hamiltonian equations for $q_0(t), p_0(t)$, see Eq. (4) and Fig. 1(a) of the main text, show that $q_0, p_0$ are periodic functions of time, for a given value of $H_{RWA}$. There-
fore we can write

$$[g_0(t) + i p_0(t)]_{H} = \sum_{m} z_m e^{i m \Omega t}. \tag{8}$$

Here, $$[\cdot]_{H}$$ indicates that the value is evaluated for a given $$H_{\text{RWA}}$$; $$\Omega \equiv \Omega(H_{\text{RWA}})$$ is the oscillation frequency in the rotating frame, i.e., the frequency of the oscillations of the amplitude and phase of the forced vibrations, $$\Omega \ll \omega_F$$. The Fourier components $$z_m$$ are also determined by $$H_{\text{RWA}}$$. For a resonantly driven Duffing oscillator they were discussed in the context of quantum theory of interstate switching in the range of bistability of the oscillator [6]. However, the expressions for $$z_m$$ were not presented and have not been later discussed for the large-amplitude state in the range of bistability, nor have they been discussed where the oscillator has only one stable state.

From Eqs. (7) and (8), the power spectrum of the driven oscillator for a given $$H_{\text{RWA}}$$ is $$S(\omega) = S_H(\omega),$$

$$S_H(\omega) = \frac{\pi}{2 \omega_F} \sum_{m} |z_m|^2 \delta(\omega - \omega_F + m \Omega). \tag{9}$$

The spectrum (9) is a frequency comb. It consists of a set of equidistant peaks separated by $$\Omega$$. The intensity (area) of the peaks is given by the Fourier components $$z_m$$; note that, generally, $$z_m \neq z_m^*$$. The calculation of the spectrum can be conveniently done by switching from the variables $$q_0, p_0$$ to variables $$Q_0 = q_0/\zeta, P_0 = p_0/\zeta$$ with $$\zeta = (4F/3\gamma)^{1/3} \omega_F^{2/3},$$ see Eq. (10) of the main text. The Hamiltonian equations of motion for the variables $$Q_0, P_0$$ in dimensionless time $$\tau = \beta^{1/3}(\delta \omega)t$$ read

$$[dQ_0/d\tau]_{H} = \partial_{P_0} H_{\text{RWA}} \equiv P_0(Q_0^2 + P_0^2 - \beta^{-1/3}), \tag{10}$$

$$[dP_0/d\tau]_{H} = -\partial_{Q_0} H_{\text{RWA}} \equiv -Q_0(Q_0^2 + P_0^2 - \beta^{-1/3}) + 1,$$

where $$\beta = 3\gamma F^2/32\omega_F^3$$ is the scaled intensity of the driving force. Here we have used the explicit form of the Hamiltonian $$H_{\text{RWA}}$$ given by Eq. (10) of the main text.

As a next step, we introduce an auxiliary variable $$X(\tau)$$ defined by the expression

$$X(\tau) = Q_0(\tau) + P_0^2(\tau) - \beta^{-1/3}. \tag{11}$$

From the expression for $$H_{\text{RWA}}$$ we find

$$X^2(\tau) = 4Q_0(\tau) + 4H_{\text{RWA}} + \beta^{-2/3}. \tag{12}$$

From Eqs. (10) - (12) we obtain an equation for $$X(\tau)$$ in the form

$$\frac{dX}{d\tau} = 2P_0$$

$$= \pm \frac{1}{2} ((a_1 - X)(X - a_2)((X - a_3)^2 + a_2^2))^{1/2}, \tag{13}$$

with $$a_1 > a_2$$ being the real roots and $$a_3 \pm ia_4$$ being the complex roots of the equation

$$(x^2 - \beta^{-2/3} - 4H_{\text{RWA}})^2 - 16x - 16\beta^{-1/3} = 0. \tag{14}$$

As seen from this equation, $$a_3 = -(a_1 + a_2)/2$$. Also, $$a_1 > |a_2|$$.

We are interested in the oscillating trajectory with $$a_2 \leq X(\tau) \leq a_1$$; the sign of $$dX/d\tau$$ in Eq. (13) is changed at the turning points $$a_1, a_2$$. It follows from Eq. (13) (see [7], 3.145.2) that $$X(\tau)$$ is expressed in terms of the Jacobi elliptic functions as

$$X(\tau) = \frac{a_1 b_2 + a_2 b_1 - (a_1 b_2 - a_2 b_1)}{b_1 + b_2 + (b_1 - b_2) \text{cn}(\tau'|m_k)$$

$$b_1 = |a_3 + ia_4 - a_1|, \quad b_2 = |a_3 + ia_4 - a_2|$$

$$m_k = [(a_1 - a_2)^2 - (b_1 - b_2)^2]/4b_1 b_2 \tag{15}$$

where $$\tau' = (b_1 b_2)^{1/2}/\Omega.$$ The Jacobi elliptic function $$\text{cn}(\tau'|m_k)$$ has a real period $$4K(m_k),$$ where $$K(m_k)$$ is the complete elliptic integral of the first kind. Therefore the period of vibrations with a given quasienergy $$H_{\text{RWA}}$$ is

$$T(H_{\text{RWA}}) = \frac{2\pi}{\Omega} = 8K(m_k)/\beta^{1/3}(b_1 b_2)^{1/2}(\delta \omega). \tag{16}$$

This expression describes the dependence of the spacing between the frequency comb lines $$\Omega$$ on the quasienergy, for given intensity and frequency of the drive.

From Eq. (8), the Fourier components $$z_m$$ that determine the intensity of the comb lines are given by the expression

$$z_m = \frac{\zeta}{4K} \int_0^{4K} d\tau' (Q_0 + iP_0) \exp(-im\pi\tau'/2K) \tag{17}$$

where $$K \equiv K(m_k);$$ in what follows we use the conventional notation $$K$$ for the elliptic integral, it should not be confused with the parameter $$K$$ used in the main text for the ratio of the friction and gain coefficients.

Equations (11) - (15) show that $$Q_0, P_0$$ are elliptic functions. As functions of $$\tau'$$, along with the real period $$4K(m_k),$$ they have the imaginary period $$4iK(m_k) \equiv 4iK(1 - m_k).$$ Therefore the Fourier components (17) can be calculated by integrating over a rectangular contour in the complex $$\tau'$$-plane that goes from $$-2K$$ to $$2K,$$ then to $$2K + 4iK',$$ then to $$-2K + 4iK',$$ and then back to $$-2K.$$ The integrals over the vertical sections of the contour cancel, whereas on the upper horizontal section $$Q_0, P_0$$ are the same as on the real axis.

Inside the contour, $$X(\tau)$$ has two poles. They are located at a purely imaginary $$\tau' = \tau_p^{(1,2)}$$ given by the equation

$$\text{cn}(\tau_p^{(1,2)}) = \frac{b_1 + b_2}{b_1 - b_2}, \quad |\tau_p^{(1)}| < |\tau_p^{(2)}|. \tag{18}$$

Near the pole $$X(\tau)$$ has the form

$$X(\tau) \approx (-1)^{j+1} i \frac{(b_1 b_2)^{1/2}}{|\tau - \tau_p^{(j)}} \tag{19}$$
From Eqs. (12), (13), and (19), $Q_0 + iP_0$ has a pole of order 2 at $\tau' = \tau_p^{(2)}$, with

$$Q_0 + iP_0 \approx 2Q_0 \approx -\frac{1}{2} \frac{b_1 b_2}{(\tau' - \tau_p^{(2)} )^2}.$$  \hspace{2cm} (20)

One can see from the expression for the Hamiltonian $h_{RWA}$ that near the pole there are no corrections to Eq. (20) that would be $\propto (\tau' - \tau_p^{(2)})^{-1}$. Therefore

$$z_m = -\frac{m \pi^2 \zeta b_1 b_2}{8K^2} \exp\left(\frac{-i m \pi \tau_p^{(2)}}{2K}\right) \frac{\exp\left(-2m \pi \frac{K'}{K}\right)}{1 - \exp\left(2m \pi \frac{K'}{K}\right)}.$$  \hspace{2cm} (21)

Expression (21) reduces the problem of calculating the frequency comb to a solution of the 4th order polynomial equation (14) and the transcendental equation (18). By construction, $0 < \text{Im} \tau_p^{(2)} < 4K'$. Therefore for large $m > 0$ the intensities of the comb lines, which are $\propto |z_m|^2$, fall off as $\exp\left[-m \pi (4K' - \text{Im} \tau_p^{(2)})/K\right]$. On the other hand, for $m < 0$ and $|m| \gg 1$ they fall off as $\exp\left[|m| \pi \text{Im} \tau_p^{(2)}/K\right]$. For not too small $H_{RWA} - (H_{RWA})_{\text{min}}$ the spectral comb displays several pronounced equidistant spectral lines. We note that the $|z_m|^2 \neq |z_{-m}|^2$ and the comb is therefore asymmetric.