Quantum heating of a parametrically modulated oscillator: Spectral signatures

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We show that the noise spectrum of a parametrically excited nonlinear oscillator can display a fine structure. It emerges from the interplay of the nonequidistance of the oscillator quasienergy levels and quantum heating that accompanies relaxation. The heating leads to a finite-width distribution over the quasienergy, or Floquet states, even for zero temperature of the thermal reservoir coupled to the oscillator. The fine structure is due to transitions from different quasienergy levels, and thus it provides a sensitive tool for studying the distribution. For larger damping, where the fine structure is smeared out, quantum heating can be detected from the characteristic double-peak structure of the spectrum, which results from transitions accompanied by the increase or decrease of the quasienergy.

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I. INTRODUCTION

Nonlinearity is advantageous for observing quantum effects in vibrational systems. It makes the energy levels nonequidistant and the frequencies of different interlevel transitions different, which in turn enables spectroscopic observation of the quantum energy levels. In addition, nonlinearity leads to an interesting behavior of vibrational systems in external periodic fields, including the onset of bistability of forced vibrations. The interest in quantum effects in modulated nonlinear oscillators significantly increased recently due to the development of high-quality microwave resonators with the anharmonicity provided by Josephson junctions and to applications of these systems in quantum information [1–5].

The long-sought [6] quantum regime has been reached also in nanomechanical systems [7–9]. This development has opened the possibility of measurements on a single quantum nonlinear oscillator, rather than on an ensemble of oscillators, and of accessing different dynamical regimes.

An important problem that can be addressed with modulated nonlinear oscillators is quantum fluctuations far from thermal equilibrium. In addition to the standard quantum uncertainty, such fluctuations come from the coupling of a quantum system to a thermal bath. The coupling leads to relaxation of the system via emission of excitations in the bath (photons, phonons, etc.) accompanied by transitions between the system energy levels. If the coupling is weak, the transition rates in energy units are small compared to the transferred energy. In the classical case, the transitions lead to friction.

At the quantum level, one should take into account that the transitions happen at random. The randomness gives rise to a peculiar quantum noise and the related quantum heating of the oscillator, which leads to a nonzero width of the distribution of the oscillator over its quantum states. This distribution turns out to be of the Boltzmann type and is characterized by an effective temperature. We call it quantum temperature, it is nonzero even for zero temperature of the thermal bath [10,11].

In distinction from the familiar field-induced Joule-type heating, like the heating of electron systems in semiconductors, the quantum temperature does not depend on the relaxation rate.

In turn, a nonzero quantum temperature leads to activation-type transitions between the stable states of forced vibrations. This effect, quantum activation [10,11], has been now seen in the experiment [2]. Quantum heating also affects the dynamics of a resonantly driven oscillator coupled to a two-level system [12], and interesting spectral manifestations of the heating in such coupled system have been recently seen [13]. However, to the best of our knowledge, no direct measurements of the relaxation-induced distribution over quantum states have been made and no means for directly measuring this distribution have been proposed.

In this paper we show that the distribution over the states of a modulated nonlinear oscillator can be measured spectroscopically. We find that, for small decay rate, the power spectrum of the oscillator and the spectrum of the response to an additional weak field can display a fine structure. The intensities of the fine-structure lines are directly related to the occupation of the oscillator quantum states, and the line shapes depend on the effective quantum temperature. We note that spectroscopy has been long recognized as a means of getting an insight into the dynamics of a strongly driven oscillator and, more recently, of using the oscillator for quantum measurements [14–20]. However, the fine structure of the spectra has not been discussed earlier.

We study the fine structure for an underdamped oscillator parametrically modulated at frequency $\omega_F$ close to twice the eigenfrequency $\omega_0$. As a result of parametric resonance, the oscillator can start vibrating at frequency $\omega_F/2$. A classical oscillator has two stationary vibrational states with the same amplitude and the phases that differ by $\pi$ [21]. They are determined by the balance between the modulation, the dissipation due to coupling to a thermal bath, and the oscillator nonlinearity.

In terms of quantum mechanics, a parametrically modulated oscillator has a periodically varying in time Hamiltonian and can be naturally described by the Floquet, or quasienergy eigenstates $\psi_n(t)$. They can be conveniently defined by relation $\psi_n(t + 2\tau_F) = \exp(-2i\epsilon\tau_F/\hbar)\psi_n(t)$, where $\tau_F = 2\pi/\omega_F$ is the modulation period and $\epsilon$ is the quasienergy. The quasienergy levels are sketched in Fig. 1; the discrete values
of $g$ are the scaled values of $\varepsilon$. For convenience, we use an extended $\varepsilon$-axis rather than limiting $\varepsilon$ to the quasienergy analog of the first Brillouin zone $0 \leq \varepsilon < \hbar \omega_F$.

The two states with the lowest quantized value of $g \propto \varepsilon$ in Fig. 1 correspond to the stable states of parametrically excited vibrations in the presence of weak coupling to the bath. The states are degenerate in the neglect of tunneling, and the corresponding vibrations are shifted in phase by $\pi$. If $\varepsilon$ were energy, for zero bath temperature $T$ the oscillator would be in one of these states, again in the neglect of tunneling. Then, if one looks at the spectrum of absorption by the oscillator of an additional radiation, for example, there would be only one line, which corresponds to the transition from the lowest to the first excited level.

Because of quantum heating, even for $T = 0$ the oscillator occupies higher $\varepsilon$ levels in Fig. 1. Therefore the absorption spectrum has a contribution from the transitions from these levels. If the transitions between different levels occur at sufficiently different frequencies, the corresponding spectral lines do not overlap. The intensities of the lines are determined by the occupation of the levels and thus by the quantum temperature. This provides a direct way of measuring this temperature. We note that quantum temperature generally depends on quasienergy [10,11], but the dependence is smooth.

II. OSCILLATOR DYNAMICS IN SLOW TIME

A. Quasienergy Hamiltonian in the rotating wave approximation

The Hamiltonian of a parametrically modulated nonlinear oscillator is

$$H_0 = \frac{1}{2} p^2 + \frac{1}{2} q^2 [\omega_0^2 + F \cos(\omega_F t)] + \frac{1}{2} \gamma q^4.$$  \hspace{1cm} (1)

Here, the mass is set equal to one, $F$ is the modulation amplitude, and $\gamma$ is the anharmonicity parameter. We assume the modulation to be resonant and comparatively weak, so that the nonlinearity is also weak,

$$|F| \ll \omega_0^2, \quad |\omega_F - 2\omega_0| \ll \omega_0, \quad |\gamma (q^2)| \ll \omega_0^2, \hspace{1cm} (2)$$

in which case, classically, the oscillator vibrations are almost sinusoidal. For concreteness we set $F, \gamma > 0$.

Following Ref. [11], we change to the rotating frame using the canonical transformation $U(t) = \exp(-ia^\dagger a \omega_F t/2)$, where $a^\dagger$ and $a$ are the raising and lowering operators of the oscillator, and introduce slowly varying in time dimensionless coordinate $Q$ and momentum $P$, $U(t)q U(t) = C_{\text{par}}[P \cos(\omega_F t/2) - Q \sin(\omega_F t/2)], U(t)p U(t) = -(C_{\text{par}} \omega_F/2)[P \sin(\omega_F t/2) + Q \cos(\omega_F t/2)],$ where $C_{\text{par}} = (2F/3\gamma)^{1/2}$. The commutation relation between $P$ and $Q$ has the form

$$[P, Q] = -i \lambda, \quad \lambda = 3\gamma \hbar / F \omega_F.$$

The dimensionless parameter $\lambda$ plays the role of the Planck constant in the quantum dynamics in the rotating frame. The oscillator raising and lowering operators are expressed in terms of $P, Q$, and $\lambda$ in a standard way,

$$U(t) a U(t) = (2\lambda)^{-1/2}(P - i Q) \exp(-i \omega_F t/2).$$

In the range of Eq. (2), the oscillator dynamics can be analyzed in the rotating wave approximation (RWA). Then the Hamiltonian in the rotating frame becomes $\tilde{H}_0 \rightarrow U^\dagger H_0 U = i\hbar U^\dagger U \approx (F^2/6\gamma) \hat{g}$, where

$$\hat{g} \equiv g(Q, P) = \frac{1}{4} (P^2 + Q^2)^2 + \frac{1}{2} (1 - \mu)P^2 - \frac{1}{2} (1 + \mu)Q^2, \quad \mu = \frac{\omega_F (\omega_F - 2\omega_0)}{F}.$$  \hspace{1cm} (4)

The dimensionless operator $\hat{g}$ describes the oscillator dynamics in slow dimensionless time $\tau$, with the Schrödinger equation of the form

$$i \lambda \dot{\psi} \equiv i \lambda \hat{a} \psi = \hat{g} \psi, \quad \tau = F t / 2 \omega_F.$$ 

The eigenvalues $g_n$ of $\hat{g}$ give the oscillator quasienergies $\varepsilon_n = (F^2/2\gamma) g_n$.

Function $g$ does not have the form of a sum of the kinetic and potential energies. It depends on one dimensionless parameter $\mu$. We will consider region $-1 < \mu < 1$, where $g(Q, P)$ has two minima and a maximum. Its cross-section by the plane $P = 0$ is shown in the inset of Fig. 1.

Dissipation of the oscillator comes from coupling to a thermal reservoir. We will assume that this coupling is weak and linear in the oscillator coordinate and possibly momentum, and that the density of states of the reservoir weighted with the coupling is smooth around $\omega_0$, the situation relevant both to
condensed matter physics and quantum optics [22,23]. To the leading order in the coupling, the oscillator dynamics in slow time can be described by the master equation for the oscillator density matrix $\rho$. If the conditions of weak nonlinearity, Eq. (2), hold (cf. the discussion of a similar situation in Ref. [22]), this equation has the standard Markovian form

$$\dot{\rho} = i\hbar^{-1}[\rho, \hat{g}] - \kappa \rho,$$

where $\hat{g}$ describes dissipation. The dimensionless parameter $\kappa = 2\omega_F \Gamma / F$ is proportional to the oscillator decay rate $\Gamma$; this rate determines the ring-down time $1/2\Gamma$ and the quality factor $\omega_0/2\Gamma$, which we assume to be large. We note that in Ref. [11] we used $\eta$ instead of $\kappa$. In Eq. (5), $\tilde{n} \equiv \tilde{n}(\omega_F / 2)$ is the Planck number, $\tilde{n}(\omega) = [\exp(h\omega / T) - 1]^{-1}$ (we set $k_B = 1$). The renormalization of the oscillator frequency due to the bath is incorporated into $\omega_0$.

In the limit of small $\kappa$, the minima of $g(Q, P)$ correspond to the stable stationary states in the rotating frame, and thus to the stable states of period-two vibrations at frequency $\omega_F / 2$, in the laboratory frame.

**B. Noise power spectrum**

Of significant interest for experiment are spectra of a modulated oscillator [14,15], including the power spectrum and the spectra of absorption and emission of an additional weak field, for example, radiation. Measurements of the power spectrum have been already reported [5] for a microwave cavity with length effectively modulated by a superconducting interference device [24]; the related spectrum can be studied also through sideband absorption of a Josephson junction based qubit coupled to a driven nonlinear resonator [13]. The power spectrum of the oscillator also determines relaxation of a qubit coupled to it [12].

We will consider the power spectrum at frequencies close to the eigenfrequency of the parametrically modulated oscillator. In the vicinity of the maximum, this spectrum is given by

$$\Phi(\omega) = \text{Re} \int_0^\infty dt e^{i\omega t} \langle \langle a(t) a^\dagger(0) \rangle \rangle. \tag{6}$$

Here,

$$\langle \langle a(t) B(0) \rangle \rangle = \frac{\omega_F}{4\pi} \int_0^{\kappa \nu_{\text{min}} / \hbar} dt_1 \langle a(t + t_1) B(t_1) \rangle,$$

where $\langle \langle \rangle \rangle$ indicates ensemble averaging. The averaging over initial time $t_1$ corresponds to the standard experimental procedure of acquiring spectra of modulated systems, which makes the definition of $\Phi(\omega)$ relevant to the experiment.

For small fluctuation intensity, the spectrum $\Phi(\omega)$ has distinct peaks near $\omega_F / 2$, possibly with fine structure, which are due to small-amplitude quantum and classical fluctuations about the classically stable vibrational states. In the limit of small oscillator decay rate, the peaks are formed by transitions between quasienergy levels sketched in Fig. 1, as explained above. These peaks are discussed in Secs. III–V. In addition, $\Phi(\omega)$ displays a narrow spectral peak at $\omega_F / 2$ with width that is exponentially smaller than the decay rate $\kappa$. It comes from rare fluctuation-induced transitions between the stable states and is discussed in Sec. VI.

The coordinates of the stable vibrational states in the rotating frame $\pm(Q_0, P_0)$ for arbitrary dimensionless decay rate $\kappa$ are determined in Sec. V; in the limit of small $\kappa$, the states are located at the minima of $g(Q, P)$, with $Q_0 \approx (1 + \mu)^{1/2}$, $P_0 \approx 0$ from Eq. (4). The states are symmetrical, since they correspond to time translation by the modulation period, in the laboratory frame.

The contributions to $\Phi(\omega)$ from fluctuations about the stable states are equal, and it is sufficient to study one of them. For concreteness, we will assume that the oscillator is located in the vicinity of the stable state $(Q_0, P_0)$ and disregard interstate transitions. The corresponding term in $\Phi(\omega)$ is $\Phi_0(\omega)$, with

$$\Phi_0(\omega) = \text{Re} \int_0^\infty dt e^{i\omega t} \langle \langle \delta a(t) \delta a^\dagger(0) \rangle \rangle. \tag{7}$$

Here, $\delta a(t) = a(t) - a_0(t)$ is the operator a counted off from its expectation value $a_0$ at the stable state $(Q_0, P_0)$,

$$a_0(t) = (2\lambda)^{-1/2} (P_0 - i Q_0) \exp(-i \omega_F t / 2). \tag{8}$$

**III. QUANTUM TEMPERATURE IN THE SMALL DAMPING LIMIT**

**A. The Bogoliubov transformation and the quasienergy spectrum**

Quantum noise is most clearly manifested in the spectrum if the oscillator relaxation rate is small, so that the relaxation-induced width of the quasienergy levels is much less than the distance between them. This distance can be estimated in the conventional way as $\lambda \nu(g)$, where $\lambda$ is the dimensionless Planck constant and $\nu(g)$ is the dimensionless frequency of classical vibrations of a particle with coordinate $Q$, momentum $P$, and energy $g(Q, P) = g$. These vibrations are described by equations $\ddot{Q} = \partial_g \dot{P}$, $\ddot{P} = -\partial_Q \dot{g}$ [in Ref. [11] we used $\omega(g)$ instead of $\nu(g)$]. The dimensionless width of the quasienergy levels is proportional to the decay rate $\kappa$. Therefore the levels are well separated if $\nu(g) \gg \kappa$.

We are interested in the levels close to the minima of function $g(Q, P)$, see Fig. 1, i.e., for $g - g_{\text{min}} \ll g_{\text{min}}$, where $g_{\text{min}} = -(1 + \mu)^2 / 4$; we have taken into account that at its local maximum in Fig. 1, $g \equiv g(0, 0) = 0$. Then, from Eq. (4), the condition of small level broadening is

$$\nu_0 \gg \kappa, \quad \nu_0 \equiv \nu(g_{\text{min}}) = 2(1 + \mu)^{1/2}. \tag{9}$$

We assume that, at the same time, the level width largely exceeds the splitting due to resonant tunneling between the minima of $g$, which is exponentially small for $\lambda \ll 1$.

Where these conditions are held, the oscillator motion for $g$ close to $g_{\text{min}}$ is weakly damped vibrations at dimensionless frequency $\approx \nu_0$. They can be studied using the Bogoliubov transformation from $a, a^\dagger$ to new operators $b, b^\dagger$,

$$U(t) a U(t)^\dagger = a_0(t) + (ab + b^\dagger a) e^{-i\omega_F t / 2}, \tag{10}$$

where

$$U = -i (2\nu_0)^{-1/2} \left( \begin{array} {cc} \nu_0 - \nu_0 & 1 \\ 1 & \nu_0 \end{array} \right).$$
The coefficients \( u, v \) are chosen so that, to quadratic terms in \( P, Q - Q_0 \), \( \tilde{g} \approx \lambda v_0 b^1 b^1 \) const, that is, near its minimum, \( \tilde{g} \) becomes the Hamiltonian of an auxiliary harmonic oscillator with dimensionless frequency \( v_0 \). Operators \( b^\dagger \) and \( b^\dagger \) are, respectively, the lowering and raising operators for this oscillator.

Vibrations of the auxiliary oscillator occur in the rotating frame. They correspond to the vibrations of the original oscillator at dimensional frequencies \( \omega_F/2 \pm (F/2\omega_F)v_0 \). We note that the Bogoliubov transformation can be written as a squeezing transformation,

\[
(2\lambda)^{-1/2}(Q - Q_0 + iP) = b \cosh r_s - b^\dagger \sinh r_s
\]

with \( \cosh r_s = iu \) and \( \sinh r_s = -iv \).

Higher-order terms in \( P, Q - Q_0 \) in \( \tilde{g} \) lead to anharmonicity of the auxiliary oscillator. In turn, the anharmonicity leads to nonequidistance of the vibrational energy levels, that is, of the quasienergy levels of the original oscillator. To the lowest order, the nonequidistance is determined by the terms quadratic in \( b^1 b^1 \) taken to the first order and by the cubic terms in \( b^1 b^1 b^1 \) taken to the second order. This gives for the eigenvalues of \( \tilde{g} \),

\[
g_n = \lambda v_0 n + \frac{1}{2} \lambda^2 Vn(n + 1) + \tilde{g}_{\min},
\]

where \( \tilde{g}_{\min - g_{\min}} \sim \lambda \). Parameter \( V \) gives the nonequidistance of the levels of the auxiliary oscillator. The transition frequencies form a ladder, \( \nu(g_n) = (g_{n+1} - g_n)/\lambda = v_0 + \lambda V(n + 1) \). We note that the frequency step \( \lambda V \) is proportional to the anharmonicity parameter \( \gamma \) of the original oscillator. Equation (12) applies for small \( \lambda \) and small \( n \), where \( \lambda |V|n \ll v_0 \).

**B. Master equation in terms of the transformed operators**

The full oscillator dynamics near the minima of \( g(Q, P) \) can be described by the master equation (21) with \( a^\dagger a \) written in terms of the operators \( b^\dagger b^\dagger \). For small \( \kappa \) the master equation can be simplified by noting that, for \( \kappa = 0 \), matrix elements of \( \rho \) on the eigenfunctions \( |n\rangle \) of \( \tilde{g} \) oscillate in dimensionless time as \( \rho_{mn} \propto \exp(-i\nu_0(m - n)\tau/\lambda) \), for small \( n, m \). Dissipation couples matrix elements \( \rho_{mn} \) with \( \rho_{m'n'} \). For weak dissipation, where Eq. (9) holds, the coupling is resonant for \( m - n = m' - n' \). If \( \tilde{\rho} \) is written in terms of \( b^\dagger b^\dagger \), such resonant coupling is described by the terms with equal numbers of \( b^\dagger \) and \( b^\dagger \) operators. Disregarding the terms in \( \tilde{\rho} \) that contain \( b b^\dagger \) and \( b^\dagger b^\dagger \), we obtain

\[
\dot{\tilde{\rho}} = \kappa (\tilde{n} + 1)(b^\dagger b\tilde{\rho} - 2b\rho b^\dagger + \rho b^\dagger b) + \kappa \tilde{n}_s(bb^\dagger \rho - 2b^\dagger b\rho + \rho b^\dagger b),
\]

with

\[
\tilde{n}_s = \tilde{n} + (2\tilde{n} + 1) \sinh^2 r_s = [(\mu + 2)(2\tilde{n} + 1) - v_0]/2v_0.
\]

By comparing Eqs. (5) and (13), one can see that \( \tilde{n}_s \) plays the role of the effective Planck number for vibrations about \( g_{\min} \).

Near a chosen minimum of \( g \), the stationary solution of the master equation given by Eqs. (5) and (13) has the form of the Boltzmann distribution, \( \rho^{(st)}_{mn} \propto [\tilde{n}_s/(\tilde{n}_s + 1)]^m \), or in the operator form,

\[
\rho^{(st)} = (\tilde{n}_s + 1)^{-1} \exp(-\lambda v_0 b^\dagger b/T_e),
\]

\[
T_e = \lambda v_0 / \ln[(\tilde{n}_s + 1)/\tilde{n}_s].
\]

Here, \( T_e \) is the dimensionless effective temperature of vibrations in the rotating frame with \( g \) close to \( g_{\min} \). Equation (14) coincides with the result [11] obtained by a completely different method. For \( \tilde{n} = 0 \) the result coincides also with what follows from the analysis of a different model of a modulated oscillator [25,26], if one uses the appropriate value \( r_s \) of the squeezing transformation (11). The normalization of \( \rho^{(st)} \) corresponds to the assumption that the oscillator is localized in the vicinity of the stable state \((Q_0, P_0)\). The distributions over quasienergy states for other systems and other relaxation mechanisms were discussed recently in Refs. [27,28].

It follows from Eq. (14) that the effective Planck number, and thus also \( T_e \), remain nonzero even for zero temperature of the bath, \( \tilde{n} = T = 0 \). This is a consequence of quantum fluctuations that accompany oscillator relaxation, and therefore we call \( T_e \) quantum temperature.

The dependence of \( \tilde{n}_s \) on the dynamical parameter \( \mu \) is shown in Fig. 2. It is nonmonotonic, with a minimum at exact resonance between the driving frequency and twice the oscillator eigenfrequency, where \( \mu \propto \omega_F - 2v_0 = 0 \). For \( \mu < 0 \), the value of \( \tilde{n}_s \) increases rapidly with decreasing \( \mu + 1 \propto v_0^2 \), in particular close to the bifurcation point \( \mu = -1 \), where the period-two vibrations are excited. However, the assumption \( v_0 \gg \kappa \) breaks down sufficiently close to the bifurcation point, which imposes a restriction on \( \tilde{n}_s \).

The occurrence of the minimum of \( \tilde{n}_s \) is an interesting feature of the parametrically modulated oscillator. For \( \mu = 0 \), from Eq. (14) \( \tilde{n}_s = \tilde{n} \); the effective temperature is equal to the thermal bath temperature, and \( T_e = 0 \) for \( T = 0 \). We note that this is an asymptotic result that applies only very closely to the driving frequency and twice the oscillator eigenfrequency, where \( \mu \propto \omega_F - 2v_0 = 0 \). For \( \mu < 0 \), the value of \( \tilde{n}_s \) increases rapidly with decreasing \( \mu + 1 \propto v_0^2 \), in particular close to the bifurcation point \( \mu = -1 \), where the period-two vibrations are excited. However, the assumption \( v_0 \gg \kappa \) breaks down sufficiently close to the bifurcation point, which imposes a restriction on \( \tilde{n}_s \).

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close to $g_{\text{min}}$. The stationary distribution $\rho^{(\text{st})}$ has the form of the Boltzmann distribution only to the leading order in the distance $g_n - g_{\text{min}} \ll |g_{\text{min}}|$. Strictly speaking, the effective temperature is quasienergy-dependent [11]. Even for $\mu = T = 0$, quasienergy states with $n \gg 1$ are occupied, but in the range of small $n$ this occupation is much smaller for $\mu = 0$ than for $|\mu| \sim 1$. The role of the corrections to the Boltzmann distribution for $\mu = 0$ is illustrated in the inset of Fig. 2.

IV. FINE STRUCTURE OF THE POWER SPECTRUM

A. General expression for the spectrum near its maximum

Equations (12) and (13) describe the dynamics of the modulated oscillator in terms of the auxiliary oscillator in thermal equilibrium with temperature $T_{\nu}$. The power spectrum $\Phi_n(\omega)$ of the original oscillator near its maxima can be expressed in terms of the power spectrum of the auxiliary oscillator. The features of the spectrum are determined by two circumstances.

First, the dimensional frequency of the auxiliary oscillator $(F/2\omega_{F})\nu_0$ is small compared to $\omega_{F}/2$. Therefore, $\Phi_n(\omega)$ should have two peaks, both located close to $\omega_{F}/2$. One is formed by transitions of the auxiliary oscillator up in quasienergy, $|n| \to |n + 1|$, whereas the other is formed by transitions down, $|n| \to |n - 1|$. The peaks should be centered, respectively, near $(F/2\omega_{F})\nu_0$ and should be well separated, since the auxiliary oscillator is underdamped, $\nu_0 \gg \kappa$.

Second, because of the anharmonicity of the auxiliary oscillator, the transitions between different quasienergy levels have different frequencies. Therefore, the peaks can have fine structure that corresponds to transitions $|n| \to |n \pm 1|$ with different $n$. This fine structure is of much interest, as it allows one to directly measure the occupation of individual quasienergy levels.

From Eqs. (7) and (10), for $\omega - \omega_{F}/2$ close to $(F/2\omega_{F})\nu_0$,

$$\Phi_n(\omega) \approx \frac{2\omega_{F}}{F} |\nu|^2 \Phi_0(\nu), \quad |\nu - \nu_0| \ll \nu_0,$$

$$\Phi_n(\nu) = \text{Re} \int_0^\infty d\tau e^{i\nu\tau} \langle \langle A(\tau) B(0) \rangle \rangle_{\text{rot}},$$

where $\nu$ is the dimensionless frequency counted off from $\omega_{F}/2$, $v = (2\omega_{F}/F)(\omega - \omega_{F}/2)$; the subscript in $\langle \langle \ldots \rangle \rangle_{\text{rot}}$ indicates that the correlator is calculated in the rotating frame,

$$\langle \langle A(\tau) B(0) \rangle \rangle_{\text{rot}} = \text{Tr} \rho_0 A(\tau) B.$$

where $\rho_0(\tau; B)$ satisfies master equation (5) with the dissipative term of the form Eq. (13) and $\rho^{(\text{st})}$ is the stationary distribution given by Eq. (15).

In deriving Eq. (16), we took into account that, if we ignore dissipation and the nonlinearity of the auxiliary oscillator, $\exp(i\nu T/\lambda)\exp(-i\nu T/\lambda) \approx \exp(-i\nu_0 T/\lambda)$, and therefore function $\Phi_n(\nu)$ describes the dominating contribution to $\Phi_0$ for $\nu$ close to $\nu_0$. Using that small-amplitude vibrations of the auxiliary oscillator can be thought of as being close to equilibrium, one can show that the peak of $\Phi_0$ for $\nu$ close to $-\nu_0$ is described by function $(2\omega_{F}/|\nu|^2/F) \exp(-\lambda \nu_0/\nu_{\nu}) \Phi_0(-\nu)$.

B. Effective partial spectra representation

The problem of the power spectrum of a weakly nonlinear underdamped oscillator was discussed previously [22]. Applying the results to the spectrum $\Phi_n(\nu)$ of the auxiliary oscillator, after some straightforward transformations we obtain

$$\Phi_n(\nu) = (\bar{n}_e + 1) \text{Re} \sum_{n=1}^{\infty} \Phi_0(n, \nu);$$

$$\Phi_0(n, \nu) = 4n(\nu - 1)^{\nu - 1} \times [k(2\lambda n - i (\nu - \nu_0))^{-1},$$

where $\nu = \nu_0 + \lambda V \nu$ of transition $n - 1 \to n$ between the quasienergy levels. Functions $\Phi_n(n, \nu)$ depend on two parameters, $\nu$ and $\bar{n}_e$. Parameter $\nu$ gives the ratio of the difference $\lambda V = \nu(g_n) - \nu(g_{n-1})$ between neighboring transition frequencies and the broadening $\kappa$ of the quasienergy levels, whereas the effective Planck number $\bar{n}_e$ gives the typical width of the stationary distribution over the levels.

The form of $\Phi_n(n, \nu)$ is particularly simple for a comparatively large frequency spacing or small damping, $\lambda |V| \gg \kappa$. Note that for small $\kappa$ this is a much stronger restriction on the decay rate than the condition $\kappa \ll \nu_0$ used to derive Eq. (18).

For such a small decay rate

$$\Phi_n(n, \nu) \approx \frac{n}{\bar{n}_e + 1} e^{-\lambda n(n - 1)/\nu_{\nu}} \times [\kappa_n - i [\nu - \nu(g_{n - 1})]^{-1}, |\theta| \gg 1, \nu(g_{n - 1})/\nu_{\nu} \geq 1.]$$

In this limit, $\text{Re} \Phi_n(n, \nu)$ is a Lorentzian line centered at the frequency $\nu(g_{n - 1}) = \nu_0 + \lambda V n$ of transition $n - 1 \to n$, with half-width $\kappa_n$ equal to the sum of the reciprocal lifetimes of the levels $n - 1$ and $n$. Associating $\Phi_n(n, \nu)$ with a partial spectrum is fully justified in this limit. Function $\Phi_n(n, \nu)$ contains the Boltzmann factor $\exp[-\lambda V(n - 1)/\nu_{\nu}]$ proportional to the population of the quasienergy level $n - 1$.

The overall spectrum $\Phi_0(\nu)$ has a fine structure for $|\theta| \gg 1$. The intensities of the individual lines immediately give the effective quantum temperature $\nu_{\nu}$. The fine structure is pronounced only in a limited range of the effective Planck numbers $\bar{n}_e$. This is seen from Eq. (19). For $\bar{n}_e \ll 1$, only $\Phi_0(1, \nu)$ has an appreciable intensity, while $\text{Re} \kappa \Phi_0(n, \nu) \ll 1$ for $n > 1$. On the other hand, for large $\bar{n}_e$, the linewidth $\kappa_n$ becomes large and the spectral lines with different $n$ overlap, starting with large $n$. The evolution of the fine structure with varying $\bar{n}$ as given by Eqs. (16) and (18) is illustrated in Fig. 3. The quantitative results confirm the above qualitative arguments.

As $|\theta|$ decreases, the partial spectra start to overlap, and for $|\theta| \lesssim 1$ they can no longer be identified. Indeed, the typical dimensionless time $\kappa^{-1}$ the oscillator spends in a given quasienergy state becomes smaller than the distance $|\lambda V|^{-1}$ between different transition frequencies $\nu(g_n)$. Therefore such
The intensities of the fine structure lines are determined by the $\nu/\kappa$ fine structure. For $|\theta| > 1$, the spectrum has the form of a single Lorentzian peak of dimensionless half-width $\kappa,$

$$\Phi_0(v) = (\bar{n}_e + 1)\kappa[\kappa^2 + (v - v_0)^2]^{-\frac{1}{2}}.$$  

(20)

Because of the nonlinearity of the auxiliary oscillator, the shape of the spectrum depends on $\bar{n}_e$, even where there is no fine structure. For $|\theta| \ll 1$, the spectrum is Lorentzian for $\bar{n}_e \leq 1$. However, it becomes non-Lorentzian and displays a characteristic asymmetry for large $\bar{n}_e$, where $|\theta|\bar{n}_e > 1$. This asymmetry is described by Eq. (18) and provides an alternative way of determining quantum temperature.

**V. MODERATE DAMPING**

**A. Master equation in the Wigner representation**

The power spectrum should be analyzed differently if the oscillator damping is not that small. We assume that the original oscillator remains underdamped, $F\kappa/\omega_F \ll \omega_0$, but for the auxiliary oscillator, which vibrates about the stable state ($Q_0, P_0$), the dimensionless decay rate $\kappa$ exceeds the nonequidistance of the quasienergy levels, $\kappa \gg \lambda |V|$, so that the power spectrum does not have the fine structure discussed in Sec. III. The latter condition indicates that the quantum effects related to the differences of the transition frequencies are small, since $\lambda \propto \hbar$. However, other quantum effects are still important, as seen below, and in particular the spectrum strongly depends on the quantum temperature.

We call the range $\omega_0^2/F \gg \kappa \gg \lambda |V|$ the range of moderate damping. Here, the ratio of the width of the quasienergy levels to the distance between them, $\propto \kappa/v_0$, can be arbitrary. For $\kappa \ll v_0$, the vibrations of the oscillator in the rotating frame about the stable states are underdamped, whereas for $\kappa > v_0$ they are overdamped. Therefore, the oscillator spectrum sensitively depends on $\kappa/v_0$.

The analysis of the spectrum for moderate damping can be done by writing master equation (5) in the Wigner representation,

$$\dot{\rho}_W = -\nabla \cdot \left( K\rho_W + \lambda \hat{L}^{(1)} \rho_W + \lambda^2 \hat{L}^{(2)} \rho_W \right).$$  

(21)

Here, $\rho_W$ is the density matrix defined by expression

$$\rho_W(Q, P; \tau) = \int d\xi e^{-iP\xi/\hbar} \rho \left( \frac{Q + \frac{1}{2}\xi}{2}, \frac{Q - \frac{1}{2}\xi}{2}; \tau \right),$$

where $\rho(Q_1, Q_2; \tau) = \langle Q_1 | \rho(\tau) | Q_2 \rangle$ is the density matrix in the coordinate representation. In Eq. (21), we use vector notations $K = (K_Q, K_P)$ and $\nabla = (\partial_Q, \partial_P)$.

Vector $K$ determines the evolution of the density matrix in the absence of quantum and classical fluctuations,

$$K_Q = \partial_Q g - \kappa Q, \quad K_P = -\partial_Q g - \kappa P,$$  

(22)

whereas the terms $\propto \lambda$, in Eq. (21) account for fluctuations. If we set $\lambda = 0$, Eq. (21) will describe classical motion $Q = K_Q, P = K_P$. The condition $K = 0$ gives the positions of the stationary states of the oscillator in the rotating frame. For $|\mu| < (1 - \kappa^2)^{1/2}$, the system has three stationary states. One is located at $Q = P = 0$ and is unstable. The other two are located symmetrically at $\pm(Q_0, P_0)$ with $Q_0 = r_0 \cos \theta, P_0 = r_0 \sin \theta$, where

$$r_0^2 = Q_0^2 + P_0^2 = \mu + (1 - \kappa^2)^{1/2},$$  

(23)

and $\theta = \arctan([1 - (1 - \kappa^2)^{1/2}]/\kappa)$. These states are asymptotically stable. Respectively, the real parts of the eigenvalues of matrix $\hat{K}$,

$$K_{ij} = \left[ \partial K_i/\partial X_j \right]_{Q_0, P_0},$$  

(24)

are negative [the subscript $(Q_0, P_0)$ indicates that $\hat{K}$ is calculated at point $(Q_0, P_0)$]. For $\kappa \ll 1$ the stable states correspond to the minima of $g(Q, P)$ in Fig. 1.

The terms $\hat{L}^{(1)}$ and $\hat{L}^{(2)}$ in Eq. (21) describe, respectively, quantum and classical fluctuations that accompany decay processes and purely quantum fluctuations that are not related to the coupling to a thermal bath,

$$\hat{L}^{(1)} = \kappa (\bar{n} + 1/2) V^2,$$  

$$\hat{L}^{(2)} = -\frac{1}{2} (Q\partial_P - P\partial_Q) V^2.$$  

(25)

The decay-related fluctuations lead to diffusion in $(Q, P)$ space, as seen from the structure of $\hat{L}^{(1)}$. In contrast, the term $\hat{L}^{(2)}$ is independent of $\kappa$ and contains third derivatives; for small $\lambda$ it is not important close to the stable states.

It follows from Eqs. (21) and (25) that, in the Wigner representation, the stationary distribution $\rho_W^{(st)}$ has Gaussian peaks at the stable states $\pm(Q_0, P_0)$. They are of the same form for both states, and close to $(Q_0, P_0)$

$$\rho_W^{(st)}(Q, P) = \left( \det V \right)^{1/2} \exp \left[ -\frac{\delta X \hat{A} \delta X}{\lambda(2\bar{n} + 1)} \right],$$  

(26)

$$2\kappa \hat{A}^2 + \hat{A}\hat{K} + \hat{K}^T\hat{A} = 0.$$
where
\[ \delta X = (\delta Q, \delta P) \equiv (Q - Q_0, P - P_0) \]
is the distance from the stable state, \(|\delta X|^2 \ll Q_0^2 + P_0^2\).
Equation (26) shows that the condition for quantum and classical fluctuations to be small is
\[ \lambda(2\bar{n} + 1) \ll \bar{r}_0^2. \] (27)
From Eqs. (22), (24), and (26), \( \text{Tr} \hat{A} = 2 \) is independent of the parameters of the system. However, matrix \( \hat{A} \) is generally nondiagonal and the distribution Eq. (26) is squeezed [23], the variances of \( Q - Q_0 \) and \( P - P_0 \) depend on the oscillator parameters.

It is useful to note that, in the small-damping limit \( \kappa \ll \nu_0 \), matrix \( \hat{A} \) becomes diagonal, with \( A_{11} \approx 2(1 + \mu)/(2 + \mu), A_{22} \approx 2/(2 + \mu) \), and \( |A_{12}| \ll \kappa/\nu_0 \ll 1 \). Using the relation \( 2\bar{n} + 1 = (\mu + 2)\bar{n}/\nu_0 \) that follows from Eq. (14), one can see that the above expression for \( \lambda \) leads to \( \rho_w^{(\omega)} \propto \exp[-2g(\nu_0, \bar{n})/\nu_0(\bar{n}(2\bar{n} + 1))] \), which is the standard form of the Wigner distribution of a harmonic oscillator; in the present case, the result refers to the auxiliary oscillator discussed in Sec. III, with Hamiltonian \( g(Q, P) \), frequency \( \nu_0 \), and Planck number \( \bar{n}_0 \). The result is fully consistent with what was found in Sec. III using a different method.

### B. Power spectrum for moderate damping

Equations (21) and (26) allow one to find the oscillator power spectrum for an arbitrary relation between the width of the quasienergy levels and the level spacing \( \kappa/\nu_0 \). The major contribution comes from small-amplitude fluctuations about the stable states. The general expression for this contribution follows from Eqs. (7) and (17),
\[ \frac{F}{2\omega_F} \Phi_0(\omega) = \text{Re} \int_0^\infty d\nu e^{i\nu t} \int dQ dP \frac{4\pi}{\lambda^2} (\delta P - i\delta Q) \rho_w^{(\nu)}(Q, P; \tau) \times \rho_w^{(\nu)}(Q, P; \tau), \] (28)
where function \( \rho_w^{(\nu)} \) satisfies master equation (21) with the initial condition
\[ \rho_w^{(\nu)}(Q, P; 0) = 2[\delta P + i\delta Q - \frac{1}{2}\lambda(\delta^2 P + \delta^2 Q)] \rho_w^{(\nu)}(Q, P). \] (29)
Function \( \rho_w^{(\nu)}(Q, P; 0) \) is the Wigner transform of the operator \( \delta P + i\delta Q \delta(\tau = 0) \); for operator \( \hat{P} \), this transform is defined by Eq. (22). Factor 2 in Eq. (29) accounts for the contribution of fluctuations about the state \(-Q_0, P_0\); we have also taken into account in Eq. (28) that \( \int dQ dP dP_{\text{W}} = 2\pi \lambda^2 \).

The calculation of the power spectrum using Eqs. (28) and (29) is similar to that performed in the classical [14], and quantum theory [12] for the power spectrum of an oscillator modulated by an additive force at frequency close to \( \omega_0 \). One should replace \( \rho_w \) in Eq. (21) with \( \rho_w^{(\nu)} \), set \( K \approx \hat{K}\delta X \), multiply the equation by \( \exp(i\nu t) \) and then in turns by \( \delta P \) and \( \delta Q \). One should then integrate the resulting equation over \( \tau, P, Q \), as in Eq. (28). This will lead to two coupled linear equations for the Fourier transforms of \( \delta P(\tau)|\delta Q(0)\rangle + i\delta Q(0)|\delta P(0)\rangle \) and \( \delta Q(\tau)|\delta P(0)\rangle + i\delta Q(0)|\delta P(0)\rangle \). The inhomogeneous parts of these equations are determined by the average values \( \langle \delta X_i \rangle \), which can be found from Eq. (26).

A straightforward but cumbersome calculation gives
\[ \frac{F}{2\omega_F} \Phi_0(\omega) = \kappa(\bar{n} + 1)[(\nu + 2\bar{r}_0^2 - \mu)^2 + \bar{n}(1 + \bar{r}_0^2 - \bar{r}_0^2/2)], \]
\[ v = \frac{\omega_F(2\omega_F - \omega_F)}{F}, \] (30)
where \( \bar{r}_0 \) is the dimensionless amplitude of parametrically excited vibrations in the neglect of fluctuations given by Eq. (23). The frequency \( \nu_u = 2\bar{r}_0^2/\nu + \mu/\nu \) characterizes oscillator motion about the stable state in the rotating frame in the absence of fluctuations, \( \nu_u^2 = \det \hat{K} > 0 \).

For small but not too small damping, \( \lambda|\nu| \ll \kappa \ll \nu_0 \), we have \( \nu_u \approx \nu_0 \). One can then show from Eq. (30) that function \( \Phi_0(\omega) \) has two Lorentzian peaks at dimensionless frequencies \( \pm \nu_0 \) with half-width \( \kappa \). The expression for the peak at \( \nu_0 \) coincides with Eqs. (16) and (20), whereas for \( \nu \) close to \( -\nu_0 \)
\[ \frac{F}{2\omega_F} \Phi_0(\omega) \approx |\nu|^2 \bar{n}_0 \kappa [(\nu + \nu_0)^2 + \kappa^2]^{-1}, \] (31)
in agreement with Sec. IV. We emphasize that, in the laboratory frame, the spectral peaks described by Eqs. (20) and (31) lie on the opposite sides of frequency \( \omega_F/2 \) at the distance \( \nu_0/2\omega_F \) in dimensional frequency. The ratio of their intensities is proportional to the factor \( \exp(-\lambda\nu_0/\nu) \) and thus strongly depends on the quantum temperature, which provides an independent means for measuring this temperature. Since generally \( T_e > 0 \) even for zero temperature of the thermal reservoir, both peaks are present in the spectrum.

The evolution of the spectrum (30) with varying oscillator parameters is illustrated in Fig. 4. For large \( \nu_u/\kappa \), the peaks at \( \nu_0 \) and \( -\nu_0 \) are resolved. Their intensities increase with increasing bath temperature, and the ratio of the intensities approaches \( |\nu|/\kappa \) for \( \bar{n} \gg 1 \). As \( \nu_u/\kappa \) decreases, the peaks start overlapping and ultimately form a single peak. For small \( \nu_u/\kappa \), the peak is centered at \( \nu = 0 \) (at \( \omega = \omega_F/2 \), in the laboratory frame) and has half-width \( \nu_u^2/2\kappa \ll \kappa \). The limit \( \nu_u/\kappa \ll 1 \) is relevant for the vicinity of the bifurcation point \( \mu = -1(1 - \kappa^2)^{1/2} \), where the period-two vibrations disappear.

### VI. SUPERNARROW SPECTRAL PEAK AND SOME GENERALIZATIONS

Along with small-amplitude fluctuations around the stable vibrational states, quantum and classical fluctuations lead to occasional interstate switching. Unless the damping rate is extraordinarily small, even for zero bath temperature the switching occurs via transitions over the quasienergy barrier that separates the minima of \( g(Q, P) \), see Fig. 1 [11]. For small \( \lambda(2\bar{n} + 1) \), the transition rate \( W_{\text{tr}} \) is exponentially small, \( W_{\text{tr}} \propto \exp(-R/\lambda) \); the effective activation energy \( R \) was discussed earlier [10,11].

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An important manifestation of interstate switching is the occurrence of an additional peak in the oscillator power spectrum. It is centered at frequency $\omega_F/2$ and is superrnarrow in the sense that its width is much smaller than the oscillator decay rate $\Gamma$. The peak is analogous to the supernarrow peak in the spectra of oscillators with coexisting vibrational states in a resonant additive field [14,16]. The distinction is that, for a parametrically modulated oscillator, average populations of the stable states are equal for all parameter values in the range of bistability, as a consequence of the symmetry with respect to time translation by $2\pi/\omega_F$. The supernarrow peak in the response of the classical parametric oscillator was discussed earlier [29], and in the noise spectrum of a parametric oscillator it was recently seen in the experiment of Ref. [5].

To describe the peak in the noise spectrum, we note that the populations $\rho_+$ and $\rho_-$ of the stable vibrational states $(Q_0, P_0)$ and $-\langle Q_0, P_0 \rangle$, respectively, satisfy the balance equation

$$d\rho_+/dt = \pm W_n (\rho_- - \rho_+).$$

(32)

Fluctuations of the populations $\rho_\pm$ lead to fluctuations of the expectation values of the operators $a(t), a^\dagger(t)$ between the stable-states values $\langle a_0(t) a_0^\dagger(t) \rangle$ and $-\langle a_0(t) a_0^\dagger(t) \rangle$, where $a_0(t)$ is defined by Eq. (8): we note that fluctuations about the stable states are averaged out on time $\sim \Gamma^{-1} \ll W_n^{-1}$. The contribution of the population fluctuations to the time correlation function of $a,a^\dagger$ is

$$\langle [a(t)a^\dagger(0)]_\mu \rangle \approx a_0(t) \rho_+(t; a^\dagger) - \rho_-(t; a^\dagger).$$

(33)

where $\rho_\pm(t; a^\dagger)$ satisfy Eq. (32) with initial conditions $\rho_\pm(0; a^\dagger) = \pm a_0^\dagger(0)/2$ that follow from the stationary state populations being equal to 1/2.

From Eqs. (6), (32), and (33), we obtain the full expression for the power spectrum as

$$\Phi(\omega) = \Phi_0(\omega) + \Phi_u(\omega),$$

(34)

where $\Phi_0$ describes the interstate-transition induced contribution,

$$\Phi_u(\omega) = \lambda^{-1} \left(Q_0^2 + P_0^2 \right) W_n \left[ 4 W_n^2 + (\omega - \frac{1}{2} \omega_F) \right]^{-1}. \quad (35)$$

Function $\Phi_u(\omega)$ has the shape of a Lorentzian peak with half-width $2W_n \ll \Gamma$. The intensity of this supernarrow peak is determined by the squared scaled amplitude of the period-two vibrations $\propto P_0^2 + Q_0^2$. The area of the peak is independent of the bath temperature, but its width sharply increases with the increasing temperature.

### A. Quantum temperature for zero-amplitude states

In the parameter range $|\mu| > (1 - \kappa^2)^{1/2}$, the oscillator has a stable state where the amplitude of vibrations at frequency $\omega_F/2$ is zero. Even though the oscillator does not vibrate on average, fluctuations about the zero-amplitude state are modified by the periodic modulation. These fluctuations are described by Eqs. (4) and (5). For small damping, in the frame rotating at frequency $\omega_F/2$, the fluctuations are random vibrations of an auxiliary oscillator at dimensionless frequency $\nu_0 = (\mu^2 - 1)^{1/2}$. They can be described using the Bogoliubov transformation similar to that in Sec. III, with $a_0(t) = 0$ and with $u$ and $v$ replaced by $u'$ and $v'$, respectively,

$$u' = -i(1 + |\mu|^{1/2} + |1 - \mu|^{1/2})/2\nu_0^{1/2},$$

$$v' = i(1 + |\mu|^{1/2} - |1 - \mu|^{1/2})/2\nu_0^{1/2}. \quad (36)$$

The effective Planck number of the vibrations of the auxiliary oscillator is

$$\bar{n}' = \frac{2\bar{n} + 1}{4\nu_0^2} \left(|1 + \mu| + |1 - \mu| \right) - \frac{1}{2}. \quad (37)$$

Even where $\bar{n} = 0$, we have a nonzero $\bar{n}'$. The effective temperature of the auxiliary oscillator increases close to the bifurcation points $\mu \approx \pm 1$ where the zero-amplitude
states of the original oscillator lose stability, with $\bar{n}_0' \approx |\mu|^2 - 1^{-1/2}$ for $\bar{n} = 0$. On the other hand, far from the bifurcation points, where $|\mu|^2 \gg 1$, we have $\bar{n}_0' \approx \bar{n}$; i.e., as expected for a zero-amplitude state, the temperature of the auxiliary oscillator approaches the bath temperature.

The distribution over the quasienergy states for the oscillator fluctuating about a zero-amplitude state, and thus the quantum temperature of these fluctuations, can be directly measured spectroscopically through the fine structure of the power spectrum.

VII. CONCLUSIONS

This paper has focused on quantum fluctuations that accompany relaxation in modulated oscillators. These fluctuations lead to a finite width of the distribution of the oscillator over quasienergy states, even for zero temperature of the thermal bath that causes relaxation. For small damping, the width does not depend on damping, in contrast to the ordinary Joule-type heating. We call the effect quantum heating. It gives an extra contribution to the standard quantum fluctuations related to a finite width of the oscillator distribution over the coordinate and momentum in each quasienergy state.

As a consequence of the finite width of the quasienergy distribution, the power spectrum of an underdamped oscillator has peaks at frequencies that correspond to transitions with increasing or decreasing quasienergy. Respectively, the peaks lie on the opposite sides of $\omega_F/2$, and the ratio of their heights is determined by the width of the quasienergy distribution. The transitions occur primarily between neighboring quasienergy levels. We note that, in the language of quantum optics, one can think of the peaks as resulting from parametric down-conversion: a photon at frequency $\omega_F$ splits into photons at frequencies $\omega_F/2 \pm \delta \omega$. However, the processes involved are substantially multiphoton, as evidenced by the very fact that the peak positions and their relative heights depend on the modulating field amplitude. Therefore, we find a description in terms of quasienergies to be advantageous.

We have shown that the peaks of the power spectra may have fine structure. It emerges where the difference in frequencies of transitions between neighboring pairs of quasienergy levels exceeds the decay rate. In dimensionless units this condition has the form $\lambda |V| \gg \kappa$; see Sec. IV. The power spectrum of a nonlinear oscillator may display fine structure also in the absence of periodic modulation, provided the nonequidistance of the energy levels exceeds their width, which is the same condition but applied to the energy rather than quasienergy levels. Quantitatively, it has the form $\lambda \gg \kappa$ [22].

For the period-two states $|V| > 2$, and $|V|$ becomes large near the bifurcation point, where $\mu + 1$ is small; see Eq. (12). Hence it can be significantly easier to observe the fine structure for a modulated oscillator than for an unmodulated one. In addition, the observation does not require that the excited states of the unmodulated oscillator be thermally populated. A comparatively strong nonequidistance of the energy levels of unmodulated oscillators has been already achieved in circuit QED; in particular, it underlies the operation of the transmon qubits [30]. Therefore, the fine structure predicted in this paper should be accessible to the experiment. A similar fine structure can be observed in the power spectrum of an oscillator driven by an additive force with frequency close to the oscillator eigenfrequency.

An interesting feature of the parametrically modulated oscillator, that does not occur in an additively driven oscillator, is the occurrence of the parameter value where the effective temperature of the quasienergy distribution coincides with the temperature of the bath, to the leading order in the distance from the stable state along the quasienergy axis. Near bifurcation points where the stable state disappears, on the other hand, the effective temperature sharply increases.

Another important feature is the supernarrow peak at frequency $\omega_F/2$, which emerges in the response [29] and also in the noise spectrum, where it has been already seen in the experiment [5]. In contrast to the supernarrow peak for additively driven oscillators [14,16], for parametric oscillators the peak has large intensity in a broad parameter range, where the period-two states are significantly populated. The width of the peak is determined by the rate of switching between the period-two states and is much smaller than the oscillator relaxation rate.

For small damping, $\kappa \ll \lambda |V|$, the quantum-heating-induced fine structure should be observable not only in the noise spectrum but also in the spectrum of linear response to an additional weak field at frequency $\omega$ close to $\omega_F/2 \pm \delta \omega$. Since near its maximum the quasienergy distribution is of the Boltzmann form, this spectrum can be analyzed using an appropriately modified fluctuation-dissipation relation. Its shape is similar to that described by Eq. (18). Where the fine structure is smeared out, $\kappa \gg \lambda |V|$, quantum effects weakly change the response to an additional weak field, and the analysis of this response for a parametrically modulated oscillator can be done in the same way as for a classical oscillator driven by a resonant additive force [14].

In conclusion, we have demonstrated that quantum fluctuations, which accompany relaxation of a periodically modulated oscillator, can be observed by studying the oscillator power spectrum. For a parametrically modulated oscillator, we found the spectrum in an explicit form. In the laboratory frame, the spectrum may have two peaks located on the opposite sides of half the modulation frequency, or, for higher damping, a single peak. Where the spectrum has two peaks, the ratio of their intensities is determined by the quantum temperature, which characterizes the distribution over the quasienergy states. Generally, it exceeds the bath temperature. For small damping, the spectral peaks may display a fine structure. The intensities of the fine-structure lines as well as their shapes are also determined by, and sensitively depend on the quantum temperature, suggesting an independent way of measuring it.

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